Faith Communities in HEAL: Internal Change and Community Contributions

Kaiser Permanente Southern California HEAL Initiative
Virtual Brown Bag Learning Series

Please make sure you have connected with the telephone using the number, access code and pin displayed in your AUDIO BOX on the right side of the screen. Also please mute your phone.
Practice Getting Started

- TELEPHONE AUDIO PIN
- PLEASE MUTE YOUR PHONE
- PARTICIPATORY FORMAT
  - Raising Your Hand
  - Writing a Question
What is a “Virtual Brown Bag”?

- **Purpose:** To Generate Discussion and Peer Learning between Southern California HEAL Partners.

- **Expected Outcomes:** Accelerated learning, inspiration, dissemination of best practices, and enhanced likelihood of successful community transformation.

- **Schedule:** Monthly web/phone convening every fourth Thursday from Noon – 1:30 pm.
Today’s Purpose

Faith Communities in HEAL: Internal Change and Community Contributions

Learning Objectives:
- Understand rationale for FBOs involvement with HEAL
- Generate Ideas for how FBOs can contribute to local HEAL Zone efforts
- Understand how to move from programs to environmental and policy change
Today’s Agenda

- **Introductions**: Who’s in the Room?
- **Invited “Instigators”** Launch Discussion
- **Active Dialogue** with All Participants
- **Ideas** for Replication, Adaptation or Inspiration!
Participatory Practice

- **RAISE YOUR HAND**: Please provide us with a *burning* question you would like answered today!

- **WRITE IT DOWN**: Please write a few words about an innovative idea you’d like to share!
Discussion “Instigators”

Mark Stapleton
Pastor
Cornerstone Community Church
Lemon Grove HEAL Zone

Jeff Lettow
Pastor
First Baptist Church of Lemon Grove
Lemon Grove HEAL Zone
FBO Involvement in HEAL

How do you reach out and engage new FBOs?

How do you involve the congregation?

How do you move from programs and services to environmental and policy change?
Resources

Importance of Faith Communities in Addressing Childhood Obesity
The role faith communities can play in addressing childhood obesity.

Wellness Policy Template
Example template that can be modified and adopted by each faith organization.

Wellness Policy Implementation Tip Sheet
Implementing HEAL policies.

The Initiative & Faith Advisory Councils
Creating a faith advisory council.

Let’s Move! Faith and Communities Toolkit
Designed to help faith-based and neighborhood organizations transform neighborhoods, engage communities, and promote healthy choices.
Upcoming Event

Let’s Move Faith and Communities:
Transform Your Food Pantry into a Source of Health and Wellness

Thursday, January 31, 2013
11:00 AM - 12:00 PM PST

Mary Haftmann-Dailer and Cindy Hammer from Catholic Charities West Virginia will share their innovative Wellness Works program—a comprehensive community-based approach to addressing the health and nutritional needs of food pantry consumers.

https://www4.gotomeeting.com/register/925425847
Thank You for Participating!

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Please complete the survey prompted on your screen after the Virtual Brown Bag has ended.