







### Welcome! ¡Bienvenidos!

## Healthy Ontario Retreat "Anchored in Wellness"

February 21, 2018 Lakeside Room, Riverside

Celebrating our Successes
Visioning for the Future
Strengthening our Collaborative

### **Ontario HEAL Zone**

### **Cathy Wahlstrom**

Principal Planner Advance Planning City of Ontario

### **Julie Dorey**

Assistant Director
Recreation & Community Services
City of Ontario

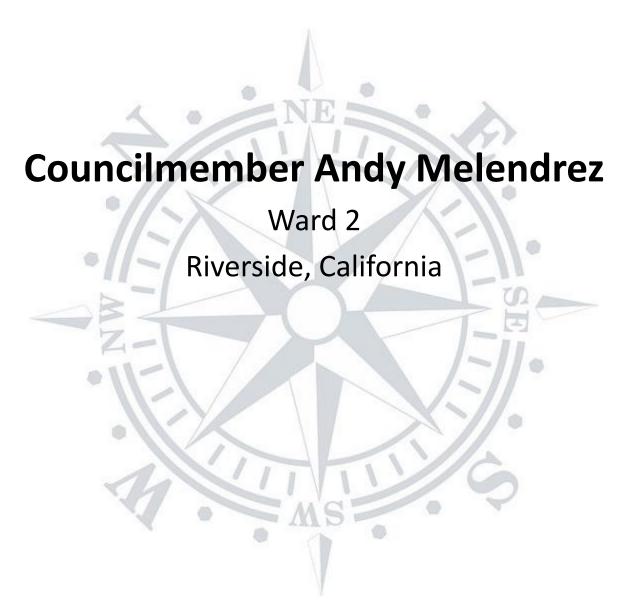
### **Karen Thompson**

Associate Planner Advance Planning City of Ontario

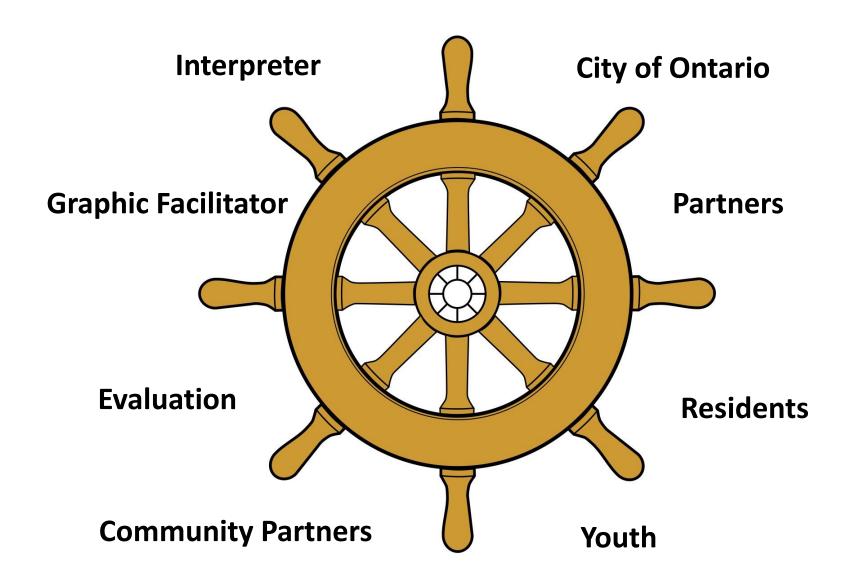
### **Evette De Luca**

Director of Health Equity Partners for Better Health

### Welcome



### **Introductions**



## **Agenda**

9:00 - 10:00 am

Welcome and Introductions

10:00 - 12:15 am

Celebrating Successes and Future Vision

12:15 – 1:00 pm

Lunch

1:00 - 3:45 pm

Strengthening our Collaborative

3:45 - 4:00 pm

**Next Steps and Closing** 

### **Treasure Map**

Find the partners working in the organizations and strategies on your map.

Ask for their signature and the number of years they partnered with HEAL Zone.

Fill in all the blank pieces to complete your map and claim your treasure.



## **Celebrating our Successes**











## **Celebrating our Successes**

What are you most proud of?

What are 1 or 2 major policy, systems and environmental transformations in your community as a result of HEAL?

What elements made this transformation possible?



## **Celebrating our Successes**

Share your success stories with your table.

Choose 1 or 2 policy, systems and environmental transformation successes to share with the large group.



# **Morning Break**



## Visioning for the Future

#### **Healthy Ontario**

Improve community health through collective impact.

#### **HEAL Zone**

People eat better and move more as a part of daily life.



Community stakeholders from across sectors have a shared responsibility to improve community health.

#### **Transformative Climate Communities**

Empowers the communities most impacted by pollution to choose their own goals, strategies, and projects to reduce greenhouse gas emissions and local air pollution.

#### **Data Across Sectors for Health**

Empowering communities through shared information.







## Visioning for the Future

#### **Transformative Climate Communities**

"We're honored to have the support of the Strategic Growth Council in building a healthier community that provides long-term opportunities for residents and businesses. This has been our City Council's vision for years, and to see it come to life is very rewarding," said Mayor Paul S. Leon.



## **Visioning for the Future**

Building on your HEAL Zone success, what are your future hopes and wishes for your community in 10 years?

What is it like where you live, work, play, and learn?

Envision a future where HEAL is widely successful, what do you see and feel?

Draw or write your vison on the papers provided on your table.



### **Table Conversations**

Share your vision with your table.

Across our visions, what is similar, what is common, what is shared?

Write those shared elements on the chart paper provided at your table. From those shared elements, talk about what the one vision looks like.



# **Healthy Lunch**



## **Strengthening Our Collaborative**

The Collaboration Assessment Tool by Prevention Institute

Clarity of Mission + Strength of Vision

Communication + Link to Others

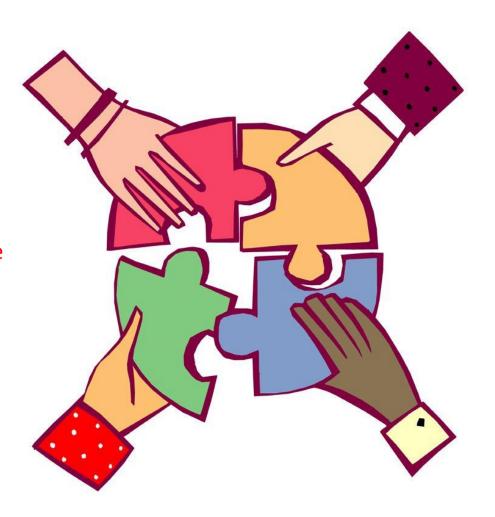
The Collaborative Environment or Climate

**Building Membership Capacity** 

Management

Forum for Shared Decision Making

Clarity of Roles and Responsibilities



### **Paired Conversation**

Describe a time or give an example that shows your best experience with the collaborative.

A high point or time when you were most engaged.

What elements contributed to that experience?



### **Table Conversations**

Share your experience with your table.

Across your experiences, what is similar, what is common, what is shared?

Write the shared elements on the chart paper provided at your table. Discuss what the dream collaborative looks like using shared elements.

What are opportunities for improvement to achieve the dream collaborative?



## **Afternoon Break**



## **Strengthening our Collaborative**

What makes an exceptional partner within a collaborative?

What contribution would an "exceptional partner" make to a "dream collaborative"?



## **Strengthening our Collaborative**

We will be forming four appreciation circles outside.

Each partner will take a turn to stand in the center of the circle while others name the qualities that makes them an exceptional partner.

A facilitator will join each circle to record comments.



# **Next Steps and Closing**









# Thank you for Participating ¡Gracias por participar!

Please Turn in Your Survey Favor de entregar su encuesta