Youth Leadership and Advocacy: Linking Youth Action to HEAL CAP Strategies

Kaiser Permanente Southern California HEAL Initiative
Virtual Brown Bag Learning Series

Please make sure you have connected with the telephone using the number, access code and pin displayed in your AUDIO BOX on the right side of the screen. Also please mute your phone.
Practice Getting Started

- TELEPHONE AUDIO PIN
- PLEASE MUTE YOUR PHONE
- PARTICIPATORY FORMAT
  - Raising Your Hand
  - Writing a Question
What is a “Virtual Brown Bag”? 

- **Purpose:** To generate discussion and peer learning between Southern California HEAL grantees and partners.

- **Expected Outcomes:** Accelerated learning, inspiration, dissemination of best practices, and enhanced likelihood of successful community transformation.

- **Schedule:** Monthly web/phone convening every fourth Thursday from Noon – 1:30 pm.
Today’s Purpose

Youth Leadership and Advocacy: Linking Youth Action to HEAL CAP Strategies

Learning Objectives:
• Understand rationale for youth involvement with HEAL
• Generate Ideas for how youth can contribute to local HEAL efforts
• Understand how to sustain youth efforts beyond grant period
Today’s Agenda

- **Introductions:** Who’s in the Room?
- **Invited “Instigators”** Launch Discussion
- **Active Dialogue** with All Participants
- **Ideas** for Replication, Adaptation or Inspiration!
Who’s in the Room?

- Northern California
- Southern California
  - City Parks and Recreation
  - Community Services
  - YMCA
  - After School Program
  - Youth Oriented CBO
- California Center for Civic Participation (CCCP)
Discussion “Instigators”

Jenifer Harris
Lead Organizer
Californians for Justice
North Long Beach
HEAL Zone

Ryan Woodson
Coordinator
Saban Free Clinic
Hollywood High School Healthy School Partnership
Discussion Question

How do you reach out and engage youth?

How do you involve the youth in HEAL work and sustain their excitement?

How do you move from projects to long term sustainability efforts?

How do you involve youth in external vs. internal strategies?
Resources

Youth Voices in Community Design
California Center for Civic Participation
A How-To Guide for Adults on Involving Youth in Community Planning

Jump Start Teens
California Project LEAN
Jump Start Teens is a series of eight lesson plans for use with teens; the lesson plans are real-life and cross-curricular and will educate and encourage students to eat healthy, keep moving, and take action. The lesson plans were updated in 2007 to include the most recent Dietary Guidelines for Americans, Spanish-language worksheets, and updated media resources.
http://www.californiaprojectlean.org/doc.asp?id=170

REACH Youth Program
Sierra Foundation
Engaging Youth: A How-To Guide for Creating Opportunities for Young People to Participate, Lead and Succeed
Save the Dates

May 19-21, 2013
California Center for Civic Participation
Youth Advocate Network for Sustainable Communities (YANSC)
Sacramento, CA

July 23, 2013
Kaiser HEAL Regional Youth Convening
Los Angeles, CA
Thank You for Participating!

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Please complete the survey prompted on your screen after the Virtual Brown Bag has ended.