

# Southern California Kaiser Permanente HEAL 2016 Peer Learning Exchange

Saturday, March 19, 2016 | Bixby Park, Long Beach | 10:00 am – 1:00 pm

## OBJECTIVES:

1. Participants will gain knowledge of the relationship between HEAL and civic participation.
2. Participants will be motivated and inspired to create and lead community change for HEAL.
3. Participants will be prepared to be active participants in the Phase 2 planning process.

## AGENDA

<b>10:00 – 10:30 am</b>	<b>Registration and Networking</b>
<b>10:30 – 10:45 am</b>	<b>Introductions and Ice Breaker</b> <i>Arpiné Shakhbandaryan, Community Partners</i>
<b>10:45 – 11:00 am</b>	<b>Welcome to the City of Long Beach!</b> <i>Christy Weir, Ventura City Councilmember</i>
<b>11:00 – 11:45 am</b>	<b>Youth Leadership and Advocacy in Southern California HEAL Zone Communities</b> Long Beach, Ontario and Riverside youth and mentors will share their stories on their accomplishments in the school and communities.  <i>Danny Gamboa, Empact Communities, North Long Beach HEAL Zone</i> <i>Michelle, Ontario Parks and Recreation, Ontario HEAL Zone</i> <i>George Alcala, Parks and Recreation, East Riverside HEAL Zone</i> <i>Deborah Ebrahimi, Los Angeles Trust for Children's Health, Hollywood High School</i> <i>Penny, Uptown Whittier YMCA, Whittier Healthy Local Partnership</i>
<b>11:45 am – 12:00 pm</b>	<b>Walk and Talk led by Danny Gamboa</b> Danny Gamboa will lead us on a walk to Broadway to see some of the changes Long Beach has implemented to create more walking and biking friendly access.
<b>12:00 – 1:00 pm</b>	<b>Networking Lunch</b>
<b>1:00 – 3:00 pm</b>	<b>Explore Beach Streets</b> Walk, run, bike, skate, play in the closed street event. Reconvene at Bixby Park at 3pm to return home.



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