



HEAL NEWSLETTER

Highlights from the Anaheim HEAL Zone

3/15/2017

HEAL Coalition Dashboard Report

Edison Elementary:

- 947 students; 100+ enrolled in Anaheim Achieves
- Padres en Acción active recess program (volunteer coordinator Isabel)
- LHA-led "cafecitos" – Thursday mornings, 830a in Parent Room
- Zumba-certified residents leading PA in Edison park/school (new times TBD)
- Parent walking club at Edison Park
- Parent nutrition class every Thursday morning; 8a-10a
- PSP Meeting; Drugs – 3/23 at 815a

Lincoln Elementary:

- 975 students; 100+ enrolled in Anaheim Achieves
- Padres en Acción active recess program (volunteer coordinator Jesse)
- LHA-led "cafecitos" – Friday mornings, 1030a in Higher Ground bungalow #2
- Zumba-certified residents leading PA in Lincoln park (new times TBD)
- Parent nutrition class every Wednesday morning; 8a-930a in room A137
- Parent Computer classes every Friday morning; 9a-11a in room A137 (Child Care provided)

HEAL Zone:

- **PARTNER UPDATES/HIGHLIGHTS**

Healthy Food and Resources Action Committee Meeting Highlights

On January 19th, residents met with partner committee members Aaron and Vicky (CHIOC), Christina (OCFAC), Sarai and Gloria (LHA), Khrystal (Kid Healthy) and Javier. Topics discussed included leadership structure, roles & responsibilities and expectations for the committee. We also dove into some items of the CAP, specifically working with local food vendors and incentivizing them to sell healthier items in the HEAL Zone. We also discussed how CHIOC could better get their resources out to local residents and parents in the HEAL Zone.

Safe and Active Spaces Action Committee Meeting Highlights

On February 10th, residents met with partner committee members Joe Baldo (Higher Ground), Joe Perez (City of Anaheim), Sarai, Cathy and Verence (LHA), and Javier. After discussing leadership structure, roles & responsibilities and expectations at the first meeting, committee members dove into more detailed work regarding some specific actions, including concern regarding bathroom usage for residents using the park when Higher Ground is not onsite and overall usage and safety at Lincoln Park. First, Joe Baldo explained details about bathroom usage and maintenance, including cost to clean/pump the restrooms and concerns with outside usage. After, Joe Perez explained to residents the history behind Lincoln Park (being a "pocket park" only) and for residents to remain vigilant when it comes to reporting any issues they may see that may affect usage or safety.

Healthy Students Action Committee Meeting Highlights

After coordination with lead partner organizations and residents, this committee will be meeting soon.

Mark Your Calendars

3/22/2017

HEAL Network Learning Circle
10a-3p; Community Partners in Los Angeles
invited partners

3/31/2017

HEAL Progress Report Due
Javier/Leah

4/6/2017

HEAL Coalition Meeting
9a-11a; Anaheim YMCA Office
Collaborative partners; committee chairs

5/6/2017

Anaheim YMCA Showcase
10a-2p



For more information, please
contact Javier Gonzalez at
jgonzalez@anaheimymca.org



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CAP/Strategy Updates

Schools:

- Tammie Bernal (AESD PEP Coordinator) will be joining our HEAL Coalition to look at PA opportunities for our AESD students, at recess and in the classroom, by Implementing in-class PA to increase # of minutes offered daily in class, expanding 100 mile club & increasing parent engagement and helping our School Wellness Councils identify and implement local AESD policies to increase PA at Edison & Lincoln.
- Parents invited to attend and take part in AESD Coordinated School Health Council meetings (great news!)
- Edison School has a new principal, Mr. Greg Smet; please take the time to reach out and welcome him to our HEAL Coalition. He's excited to take part and continue the great work that has been put in place at Edison.
- Padres en Acción is in need of more parent volunteers to help with its active recess program at both schools

Community:

- Latino Health Access needs participants for its Peso Saludable (Healthy Weight) Program at both schools; LHA promotoras continue to do outreach
- We are currently looking for a new Youth Engagement Coordinator to help with youth advocacy, engagement and leadership development
- Information will be provided by OCHCA and CHIOC regarding federal nutrition program enrollment resources at both schools, utilizing school/community space to help facilitate information meetings and enrollment

City of Anaheim:

- Information is provided by OCHCA and CHIOC regarding federal nutrition program enrollment resources
- Increased coordination and collaboration between HEAL Zone Partners, resident leaders and Anaheim PD
- Completion of Edison walking path is supported by deep resident engagement to ensure promotion and safe utilization
- Higher Ground continues and expands programming at Lincoln Park
- Engaged residents work with HEAL Partners to Edison Park expand programming at Edison Park

Residents:

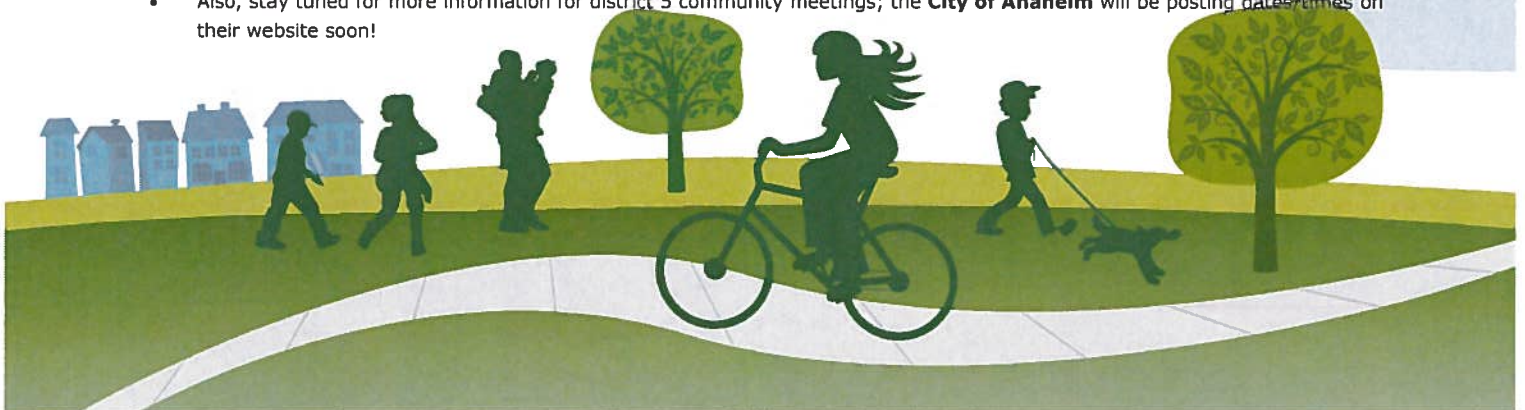
- LHA provides leadership training to youth and adult residents (50 per year) in Edison and Lincoln neighborhoods
- Community resident leaders continually engage in Community Based Research regarding the strategies they are most passionate about
- Resident leaders co-chair HEAL Action Committees alongside organization leaders

Communications:

- Resident engagement includes regular communication with city and school staff regarding monitoring and implementation of key strategies

Partner Announcements/Upcoming Events

- **Latino Health Access (LHA)** is looking to take the opportunity to help lead/facilitate some resident information sessions/workshops re: resources and the rights of our immigrant families
- **LHA** continues to do outreach at both schools for their healthy weight program *Peso Saludable*
- **Kid Healthy/Padres en Acción** is still in need of more volunteer parents for their active recess program
- **Kid Healthy's Harvest of the Month** topic for this month's parent sessions will be berries!
- **CHIOC** will begin enrollment and information sessions at both Edison and Lincoln next month for families interested in federal nutrition assistant programs; if you'd like more information, please contact our partners Aaron Reyes or Vicky Lopez at **CHIOC**
- **OCFAC** will be adding resources in schools' take home papers for students at both schools so be on the look out
- **City of Anaheim's** April 4th city council meeting will recognize the **City of Anaheim** as an Active HEAL City; the Anaheim HEAL Zone will be there with some partners and residents to take part in the recognition!
- Also, stay tuned for more information for district 5 community meetings; the **City of Anaheim** will be posting dates/times on their website soon!





Safe and Active Spaces

Month:	March 2017	Committee Chair:	Jeannette (resident) Joe Baldo (Higher Ground)
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Invitees:

City of Anaheim (Joe Perez, Anaheim Sporn, Public Works), APD (Community Policing), Higher Ground (Joe Baldo), KidHealthy, YMCA Staff, local residents

Strategy/Estrategia	Item/Punto	Update or Success/ Actualizacion o Exito	Next step(s)/Siguietes Pasos
Implement infrastructure improvements at existing or new locations to increase safety <i>Poner en marcha el mejoramiento de la infraestructura en locales existentes o nuevas para aumentar la seguridad</i>	<p>1. Community engagement with City to identify walking and biking passages that are unsafe and work to improve them/<i>El compromiso de la comunidad con la Ciudad para identificar caminos de caminar y de bicicleta que son peligrosos y trabajar para mejorarlos</i></p> <p>2. Increased coordination and collaboration between HEAL Zone Partners, resident leaders and Anaheim PD/<i>Aumentar coordinación y colaboración entre los socios de la Zona HEAL, los líderes de la comunidad y el Departamento de Policías de Anaheim</i></p> <p>3. Completion of Edison walking path is supported by deep resident engagement to ensure promotion and safe utilization/<i>El término del camino de caminar de Edison es apoyado por el compromiso de los residentes para asegurar la promoción y uso seguro del camino.</i></p> <p>4. Design & Implementation of playground area at Lincoln Park, in partnership with residents, City, HEAL Partners and KaBoom/<i>Diseñar y poner en marcha un área de recreo en Lincoln Park en colaboración con los residentes, la Ciudad, los socios de HEAL y KaBoom.</i></p>		



Safe and Active Spaces

	<p>5. Engaged parents, residents, HEAL Partners work with City to pursue walking path around Lincoln Park/<i>Padres, residentes, socios de HEAL trabajan con la Ciudad para terminar el camino para caminar alrededor de Lincoln Park.</i></p>		
<p>Create programming at existing community PA spaces (e.g. parks, sidewalks, faith based sites, school grounds, etc) <i>Crear programación en los espacios comunitarios de AF (parques, banquetas, sitios de fe, escuelas, etc)</i></p>	<p>1. Higher Ground continues and expands programming at Lincoln Park/<i>Higher Ground continua a expandir su programación en Lincoln Park.</i></p> <p>2. Engaged residents work with HEAL Partners to expand programming at Edison Park/<i>Los residentes trabajan con los socios de HEAL para expandir la programación en Edison Park.</i></p>		

Please provide an update for each of the following items from your committee meeting and return to Javier by the 15th of each month.

Favor de anotar una actualización para cada uno de estos puntos de su junta de comité y regresar a Javier el 15 de cada mes.

Next Meeting:

March 17th, 2017; 10:30a at Lincoln-Higher Ground