



## **Kaiser HEAL Zone Adult Mentor Training**

April 28<sup>th</sup> 1:30-6:30pm

The California Endowment

1000 N. Alameda Street

Los Angeles, CA

### **1:30-2:00 Welcome, Introductions and Snacks & Refreshments**

### **2:00-3:00 Local Updates- Open discussion**

- How are you currently engaging youth?
- What has worked well for your community? What Hasn't?
- Plans for this year?

### **3:00-4:15 Youth Engagement**

- What are the basic principles of youth development and youth engagement?
- What are the benefits of engaging youth in planning and policymaking processes?
- Mentoring youth to become leaders
- What preparation and support do you need?

### **4:15-4:30 Break**

### **4:30-5:30 Project implementation with youth**

- Service Learning vs Policy and Systems Change
- How to elevate the conversation with youth around long term change
- Moving from outreach and education to creating sustainable change

### **5:30-6:00 Local Advocacy**

- What types of advocacy can you be involved with?
- What ways have your youth advocated in the past?

### **6:00-6:30 Wrap-up, Networking and Dinner**