Southern California Kaiser Permanente Thriving Schools
Childhood Obesity Pre-Conference Session

Tuesday, May 30, 2017
Manchester Grand Hyatt – La Jolla A&B – San Diego, CA

Connect and network with peers from across Southern California.
Share and discuss best practices that support and sustain student and staff wellness.
Learn and reflect on cross site data findings to strengthen interventions.
Agenda

12:00 – 12:30 pm
Welcome and Introductions

12:30 – 2:00 pm
Stories from Southern California School Districts

2:00 – 2:30 pm
Physical Activity and Networking Break

2:30 – 4:00 pm
You’re Invited to a Data Party!

4:00 – 4:45 pm
The School Café Roundtable Discussions

4:45 – 5:00 pm
Sharing and End of Day Reflections
Kaiser Permanente Welcome

Angela Coron
Managing Director, Community Benefit
Kaiser Permanente
Today's Participants

Kern County
- Bakersfield
- Arvin

Riverside County
- Alvord
- Jurupa

San Bernardino County
- San Bernardino Fontana

San Diego County
- San Diego
- Chula Vista

Los Angeles County
- Azusa and Los Angeles
- ABC, Baldwin Park, Hawthorne, Lawndale, Palmdale and Pasadena
Icebreaker

Meet 3 New Wellness Champions

Share your name, title and school district.
Share a fun fact about yourself most people don’t know.
Share a recent school wellness success story you are proud of.
Stories from Three School Districts

Jose Campos, Director of Parent Involvement & Community Outreach
Jurupa Unified School District, Riverside County

Deborah Wood, School Health & Neighborhood Support Programs Coordinator
Bakersfield City School District, Kern County

Martha Bajet, School Nurse
San Diego Unified School District, San Diego County

Arpiné Shakhbandaryan, Community Partners, Hostess
Physical Activity and Networking Break

Pia Bañez
Community Partners
Using Data for Program Improvement

Ama Atiedu
Center for Community Health and Evaluation
Gallery Walk

1. What did you find interesting?
2. What surprised you?
3. Does this resonate with my school or school district?
Questions

What?
1. What happened?
2. What did you notice?
3. What facts or observations stood out?

So What?
1. Why is this important?
2. What patterns or conclusions are emerging?
3. What hypotheses can we make?

Now What?
1. What actions make sense?
The School Café

Healthy Food and Beverage Consumption
Facilitator: Staci Boretzky, Alliance for a Healthier Generation

Physical Activity, Student Behavior and Academic Performance
Facilitator: Ama Atiedu, Center for Community Health and Evaluation

Parent and Student Empowerment
Facilitator: Arpiné Shakhbandaryan, Community Partners

School Wellness Policy Implementation and Monitoring
Facilitator: Ben Melendrez, Alliance for a Healthier Generation
Closing Reflections

Judy Harper
Sr. Program Director
Community Partners
Resources

Local Control and Accountability Plan
• Supporting Your Wellness Policy Through LCAP by CALSNA
  http://www.calsna.org/documents/events/2016Conference/Handouts/B1Young.pdf
• School Nutrition for Academic Success: A LCAP Guide by CFPA
  http://cfpa.net/ChildNutrition/ChildNutrition_CFPAPublications/CFPA_LCAP_Booklet_FINAL_16_12_05.pdf
• Ready or Not: How California School Districts are Reimagining Parent Engagement in the Era of LCFF
  http://sedn.senate.ca.gov/sites/sedn.senate.ca.gov/files/7f._families_in_schools_report.pdf

Employee Wellness
• School Employee Wellness by Kaiser Permanente Thriving Schools
  https://thrivingschools.kaiserpermanente.org/wellness-resources/school-employee-wellness/
• Health Promotion for Staff by Alliance for a Healthier Generation
  https://www.healthiergeneration.org/take_action/schools/employee_wellness/

Parent and Youth Engagement
• School health: Empowering Parents to Push for Change by Kaiser Permanente Thriving Schools
  https://thrivingschools.kaiserpermanente.org/school-health-empowering-parents-to-push-for-change/
• Parents in Action by CA Project LEAN
  http://www.californiaprojectlean.org/doc.asp?id=169
• Youth Engagement by CA Project LEAN
  http://www.californiaprojectlean.org/doc.asp?id=170&parentid=20

District and Local Wellness Policy Implementation and Monitoring
• A Guide to Implementing Your Local School Wellness Policy by CA Project LEAN
Thank You for Participating

Please complete and return the surveys in your packet.

Join us for a hosted networking dinner at Seasons 52.