



HEAL Youth Convening 2013

Tuesday, July 23, 2013 | California Endowment, Los Angeles | 9AM – 5PM

Agenda

Objectives:

- 1. Connect with peers from across Southern California Kaiser HEAL communities**
- 2. Be motivated and inspired by understanding the larger movement**
- 3. Understand the importance and process of youth involvement in HEAL strategies**
- 4. Leave with a vision and plan to engage with other youth to create local change**

9:30-10:00	Breakfast and Registration
10:00-10:30	Welcome, Ground Rules, and Ice Breaker Stacy Kruse, California Center for Civic Participation
10:30-10:50	Press Conference: The Kaiser HEAL Initiative Yasuein Reyes, Hollywood High School Alumni <i>Carpe diem! Now is the time to make your voice heard, get involved, and make changes in your school. Yasuein will offer insights from his work in Hollywood High School through the Southern California Kaiser HEAL Initiative and how he was motivated and inspired to lead advocacy efforts for healthy food and physical activity in his school. You will have time to work in groups to create fun and interesting questions to ask during the press conference.</i>
10:50 – 11:15	Press Conference: What does it Mean to be a Youth Advocate Connie Gonzalez, Baldwin Park Teen Advocate <i>What does it really take to create youth-led change for healthy communities? Our next youth speaker will offer insights from her work in the City of Baldwin Park, California, a national example for healthy communities. Connie will take us through her personal story of learning about healthy environments, motivating and inspiring friends, family and neighbors, and leading advocacy efforts for healthy food and physical activity in her city. You will have time to work in groups to create fun and interesting questions to ask during the press conference.</i>
11:15-11:30	Wake up and Shake up!
11:30-12:45	Now and Later: Vision for My Community in 2015 Stacy Kruse, California Center for Civic Participation <i>If you had a magic wand and all of the ideal support and resources, what would you wish for your community? We challenged your peers from Riverside to tell us their story through a rapid-fire and visual presentation. You will have time to work in groups to create your own vision for a healthy community!</i>
12:45-1:45	Lunch and a Movie: Youth PSA

1:45-2:45	<p>Scoping the Local Action Plans: Find Your Perfect Healthy Crime Joanna Galeas, Community Partners</p> <p><i>Alone we can do so little; together we can do so much. Many organizations in your community are working together to make the healthy choice the easy choice. We challenged your peers from Hollywood High School to tell us their F.A.M.E. Health Club story through a rapid-fire and visual presentation. You will have time to scope your local neighborhoods and find how you can become part of this team!</i></p>
2:45-3:00	<p>Break and Energizer</p>
3:00-4:15	<p>Back at Home: Goal Setting and Timeline Stacy Kruse, California Center for Civic Participation</p> <p><i>The longest journey begins with the first step. What is the first thing you will do when you go home? We challenged your peers from Ventura to tell us their story through a rapid-fire and visual presentation. You will have time to work with your mentors to draw a rough draft of your goals and the timeline for reaching them.</i></p>
4:15-4:45	<p>Friends, Family, and Neighbors: Sharing Your Vision Arpiné Shakhbandaryan, Community Partners</p> <p><i>Less is more! Let's practice together sharing the "making the healthy choice the easy choice" message. We challenged your peers from Long Beach to share their story through a rapid-fire and visual presentation. You will have time to work with a partner and write a pitch to share with adults and youth in your local community. Make sure to include your vision from this morning.</i></p>
4:45-5:00	<p>You've Got Mail: Wrap Up, Surveys, and Postcards Lillian Krovosa, Community Partners</p> <p><i>It's almost time to go home! Let's get some feedback on today's meeting and take a group photo! Find the postcard in your folder, fill it out, and we will mail it to you in August with the photo.</i></p>
5:00-7:00	<p>Dinner with Friends (optional)</p> <p><i>Ready to mingle? Join us for a fun dinner with your new and old friends in Los Angeles.</i></p>