From Resident to Leader
Creating a Healthy and Active Community

Griselda Martinez, Eastside Resident

About Me

Why I got Involved...
Who Motivated Me?

Who Influenced Me?

Great American Clean Up (May 2013)

Heal Zone Kick Off (July 2013)

Walk with the Mayor (April 2013)
Who Have I Impacted?

- My Family
- Leonardo and Mayor Bailey

Who Have I Impacted?

- Friends, Neighbors
- The Eastside Community

Balancing My Schedule

- Work
- Meetings
- Classes
- Family
- School
- Events
- Trainings
Personal Support Systems

External Support

External Support from Organizations Provides...
- Access to different Resources
- Leadership Development Skills
- Guidance
- Decision Makers
- Local Government
- Non-Profits
- Agencies

Personal Challenges

GED

9/4/2014
Community Challenges

It’s the people who make the change
YOU can change things!

¡Somos el cambio!