HEAL 2016 Youth Coordinator Learning Circle

Youth-Adult Partnerships:
Foundation for Authentic Youth Engagement

August 25, 2016
Community Partners, Los Angeles

Reflect on youth-adult partnerships in organizations and communities.

Identify opportunities for authentic youth engagement.

Practice processes to develop strategies, activities and outcomes with youth.
Welcome: Southern California Kaiser Permanente HEAL Communities

HEAL Zones

- Activate Anaheim
- Lemon Grove HEAL Zone
- Coalition for a Healthy North Long Beach
- Eastside HEAL Zone

HEAL Local Partnership

- Healthy Ventura County
- Antelope Valley Partners for Health
- Activate Whittier

HEAL Healthy School Partnership

- Hollywood High

HEAL Planning

- Kern County Public Health Services Department
Introductions: Southern California Kaiser Permanente HEAL Teams

- Kaiser Permanente Southern California Regional Office (Funder)
- Kaiser Permanente Medical Centers (Partner)
- Center for Community Health and Evaluation (Evaluation)
- Community Partners (Coordination of Learning and Technical Assistance)
- Technical Assistance Providers (Content Expertise)

HEAL Grantees
Agenda

10:30 am – 12:00 pm
Authentic Youth Engagement: From Engaged to Empowered

12:00 – 1:00 pm
Networking Lunch

1:00 – 2:30 pm
Building a Successful Youth Engagement Process

2:30 – 3:00 pm
Closing Reflections
Magic Genie Icebreaker

Introduction
Name, Title, Organization

Wish
Something you can do FOR youth in your HEAL community.
Youth-Adult Partnerships

A youth-adult partnership is one in which young people are engaged in decisions and collaborative actions on major issues facing youth in programs, organizations, and communities.

Involving young people in decision making provides them with the essential opportunities and supports that are consistently shown to help young people achieve mastery, compassion, and health.
Effective Youth-Adult Partnerships

Elements of Effective Youth-Adult Partnerships

• Clear Goals for the Partnership
• Share the Power to Make Decisions
• Get Leadership Buy In
• Clear Roles and Responsibilities

Barriers to Building Effective Youth-Adult Partnerships

• Attitudes
• Logistical and Organizational
  • Hours for meetings and work
  • Transportation
  • Food
  • Equipment and support
  • Procedures and policies
  • Training
# Strong Adult Allies and Youth Leadership Skills

## Strong Adult Allies
- Trust youth
- Listen and facilitate with patience
- Help network and navigate institutions to assist young people
- Are empowering and empathetic
- Recognize what youth know and don’t know
- Establish and understand boundaries
- Are organized
- Create reasonable expectations with youth
- Accept feedback in a positive, non-defensive manner

## Youth Leadership Skills
- Knowledge of various health issues
- Cultural competency
- Agenda development
- Meeting facilitation
- Teamwork dynamics
- Goal-setting
- Decision-making
- Problem-solving
- Public speaking and communication skills
- Policy advocacy
- Public health outreach
- Community organizing
- Research and evaluation
# Youth Engagement Spectrum

**Increasing Level of Youth Participation**

<table>
<thead>
<tr>
<th>INFORM</th>
<th>CONSULT</th>
<th>INVOLVE/ENGAGE</th>
<th>COLLABORATE</th>
<th>EMPOWER</th>
</tr>
</thead>
</table>
| • Fact sheets and websites  
• Open houses and health fairs  
• Presentations  
• Physical activity and nutrition classes | • Youth feedback and comment  
• Surveys  
• Focus groups  
• Meetings | • Workshops  
• Training for action  
• Key informant interviews  
• Deliberative polling  
• Youth led data collection, presentations, and advocacy | • Youth participating in HEAL coalition, working groups and action committees  
• Consensus-building  
• Participatory decision-making  
• Youth give feedback on survey questions designed by adults | • Youth-lead HEAL coalition, working groups and action committees  
• Advocacy and lobbying  
• Youth design study, collect data, report findings, recommend and implement change  
• Youth are peer trainers |

**FOR YOUTH**

**WITH YOUTH**
Networking Lunch
Youth Engagement Process

Assess your personal & organizational readiness to lead the youth engagement process

Develop an organizational strategy and workplan for youth engagement

Recruit young people to participate

Build the capacity of the youth team

Identify project goals, scope, and sequence with the youth team

Provide ongoing support to youth as they complete tasks

Facilitate ongoing assessment of team dynamics, leadership development and adult ally skills

Evaluate both the process and product of youth engagement

Evaluate both the process and product of youth engagement
Tools and Resources

Tools
• YEAH! Youth Engagement & Action for Health: Shaping Neighborhoods for Healthier Lifestyles by San Diego Childhood Obesity Initiative
• Playing the Policy Game by CA Project LEAN
• Jump Start Teens by CA Project LEAN

Resources
• Alliance for a Healthier Generation (Link)
• Youth.gov (Link)
• California Department of Public Health (Link)
• School Based Health Alliance (Link)
Closing Reflections

What do you now wish you can do WITH youth in your HEAL community?
Thank You for Participating

Please complete and return the surveys in your packet.