Model and celebrate healthy eating and active living.

Learn about local and statewide approaches, opportunities and intersections in interventions for building healthier communities.

Be prepared to advance and accelerate the implementation of clinic and community systems, community safety and food security strategies in our HEAL communities.

Actively engage with our peers from the Southern California HEAL learning network.
Southern California Kaiser Permanente HEAL Teams

- Center for Community Health and Evaluation (Evaluation)
- Community Partners (Coordination of Learning and Technical Assistance)
- Technical Assistance Providers (Content Expertise)
- Kaiser Permanente Medical Centers (Partner)
- Kaiser Permanente Southern California Regional Office (Funder)

HEAL Grantees
Southern California Kaiser Permanente HEAL Communities

**HEAL Zones**
- ACTIVATE ANAHEIM
- Local Partnership
- Lemon Grove
- Coalition for a Healthy North Long Beach
- Eastside HEAL Zone

**HEAL Local Partnership**
- Healthy Ventura County
- Antelope Valley Partners for Health
- Activate Whittier

**HEAL Healthy School Partnership**
- Hollywood High

**HEAL Planning**
- Kern County Public Health Services Department
Participants
Agenda

9:30 – 10:00 am
Icebreaker and Opening Remarks

10:00 – 11:00 am
Talk Show Panel and Discussion

11:00 – 11:30 am
Physical Activity Break

11:30 am – 12:30 pm
Networking Lunch

12:30 – 2:30 pm
Afternoon Break-out Sessions

2:30 – 3:30 pm
Next Steps, Closing and Reflections
Welcome

Roberta Tinajero-Frankel
Community Benefit Manager
Kaiser Permanente Southern California
“Speed Dating” Icebreaker

Meet 4 New People

1. Share your name and a passion or hobby.

2. Share how long you have been working with HEAL and your role in the initiative.

3. If you had the opportunity to visit another Southern California HEAL community, share who you would like to meet and why.
Talk Show Panel and Discussion

Intersections in Interventions for Healthier Communities

Arpiné Shakhbandaryan, Community Partners, Hostess

Frank Tamborello, Executive Director, Hunger Action Los Angeles

Jamecca Marshall, Program Manager, Prevention Institute

Ryan R. Yamamoto, Project Manager, Kaiser Permanente
Physical Activity Break

Join in on the fun and games with PlayWorks!
Networking Lunch

Enjoy a healthy lunch and opportunity to network with your peers.

If you are a hotel guest, please check-out before 12:00 pm.
Concurrent Afternoon Breakout Sessions

**Sustainable Table: Food Security and Food Access**  
**Frank Tamborello, Executive Director, Hunger Action Los Angeles**  
Join this session to discuss wholistic approaches for addressing food insecurity through production, distribution, consumption and waste. Learn about existing programs and resources to maximize utilization of healthy food choices and identify local and statewide policy strategies to enhance and sustain food security and food access interventions in your HEAL community.

**Spectrum of Prevention: Community Safety and Violence Prevention**  
**Jamecca Marshall, Program Manager, Prevention Institute**  
In this session participants will discuss multi-sector collaborative and coalition efforts in promoting community safety. Participants will use the Spectrum of Prevention - a framework and tool for analyzing prevention efforts across multiple levels in support of norms, systems and behavior change – to identify opportunities to engage partners - from many different sectors - that are essential to advancing comprehensive violence prevention strategies.

**A Play in Two Acts: Clinic and Community Systems**  
**Ryan R. Yamamoto and Sonia G. Shah, Project Manager, Kaiser Permanente**  
Join this interactive session to learn and discuss processes and practices to advance clinic and community systems interventions in the HEAL communities. Clinic and community partners will engage in small group exercises and large group discussions on building relationships and referral processes to improve prevention, treatment, and management of obesity and its related conditions.
Next Steps in HEAL

Reconvene with your site, share your reflections from the afternoon break-out sessions and identify next steps and intersections for advancing clinic and community systems, community safety and violence prevention, food security and community food access strategies in your HEAL communities.
Closing and Reflections

Judy Harper
Community Partners
Thank You for Participating

Please complete and return the surveys in your packet.