



KAISER PERMANENTE®



Community
PARTNERS®

Sustaining the Momentum Part II: Deepening and Expanding Facilitative Leadership

HEAL FALL 2014 Network Leaders Learning Circle

Monday, November 3, 2014 | The Westin Hotel Pasadena | 12 PM – 5 PM

How do Network Leaders tap into the creativity, experience and commitment of their partners to advance transformative changes for healthy eating and active living? At our last Learning Circle, we focused on the importance of building a movement. In this session, we will discuss leadership practices that, when fully embraced, can empower partners to move together from vision to action in extraordinary new ways.

"The main aim of the facilitative leader is to leverage the resources of group members."

—“Facilitating to Lead!” by Ingrid Bens

OBJECTIVES

Participating Network Leaders will:

- Gain practical knowledge, skills, and tools to fully embrace a “systems” perspective and higher levels of partner participation
- Understand the importance of heart and mind as a foundation for intentional leadership
- Take away peer perspectives on effective meeting agendas (process and content)

PRE-SESSION SUGGESTED READINGS

“The Art of Facilitative Leadership” by Jeffrey Cufaude

<http://asae.cms-plus.com/files/FileDownloads/HandOuts/SmallPrograms/Pre-Reading%20December%20Facilitation.pdf>

“Collaboration: Getting Beyond the Magical Thinking” by Geoff Aigner

http://www.collaborationforimpact.com/wp-content/uploads/2014/02/SLA_Collaboration_Aigner.pdf

HOMEWORK

Please email Judy copies of your last HEAL coalition meeting agenda. Be prepared to walk us through the process you use to develop the agenda, to identify the purpose you wish to achieve, and to prepare for the meeting.

AGENDA

- 12:00 – 1:00 pm** **Registration and Networking Lunch**
- 1:00 – 1:15 pm** **Welcome and Framing**
Judy Harper, *Community Partners*
- 1:15 – 2:00 pm** **The Fundamentals of Facilitative Leadership**
Judy Harper, *Community Partners*
Building on the *Facilitative Leadership* session offered at the last Childhood Obesity Pre-Conference Session, Judy will review the key principals of facilitative leadership and basic facilitator techniques.
- 2:00 – 3:00 pm** **Using Mindfulness to Support Facilitative Leadership**
Robbin Randolph, *Mindfulness Consultant*
Facilitative leadership requires keen self-awareness and the presence and calm to navigate the “unstill waters” of cross-sectoral coalition work. Robbin will provide an overview of this approach and guide us through a meditative practice session.
- 3:00 – 3:20 pm** **Walk and Talk**
HEAL Network Leaders will pair up for a walk and talk about your most “challenging” strategy. Discuss together how you have – or will – apply facilitative leadership and mindfulness concepts to help you overcome barriers and advance the strategy.
- 3:20 – 3:30 pm** **Break**
- 3:30 – 4:30 pm** **Discussion: A Facilitated Meeting for a Challenging Strategy**
After a brief overview of “challenging” site strategies, we will discuss your ideas for developing a coalition meeting (both process and content) to advance a selected strategy during this last grant year. Please bring copies of your last HEAL coalition agenda!
- 4:30 – 4:45 pm** **Concluding Reflections**
Ama Atiedu, *Center for Community Health and Evaluation*
- 5:00 – 6:00 pm** **Optional Dinner at California Pizza Kitchen**
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