



## **Southern California HEAL Winter 2018 Network Leaders Learning Circle**

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**Friday, December 7, 2018**  
***Marriott Hotel, Riverside***

*Share and learn about the priority strategy outcomes from the sustainability planning process.*

*Discuss best practices for the coalition, resident and youth engagements efforts moving forward.*

*Practice combining storytelling with outcome data to illustrate the impact of HEAL successes.*

# Southern California Kaiser Permanente HEAL Communities

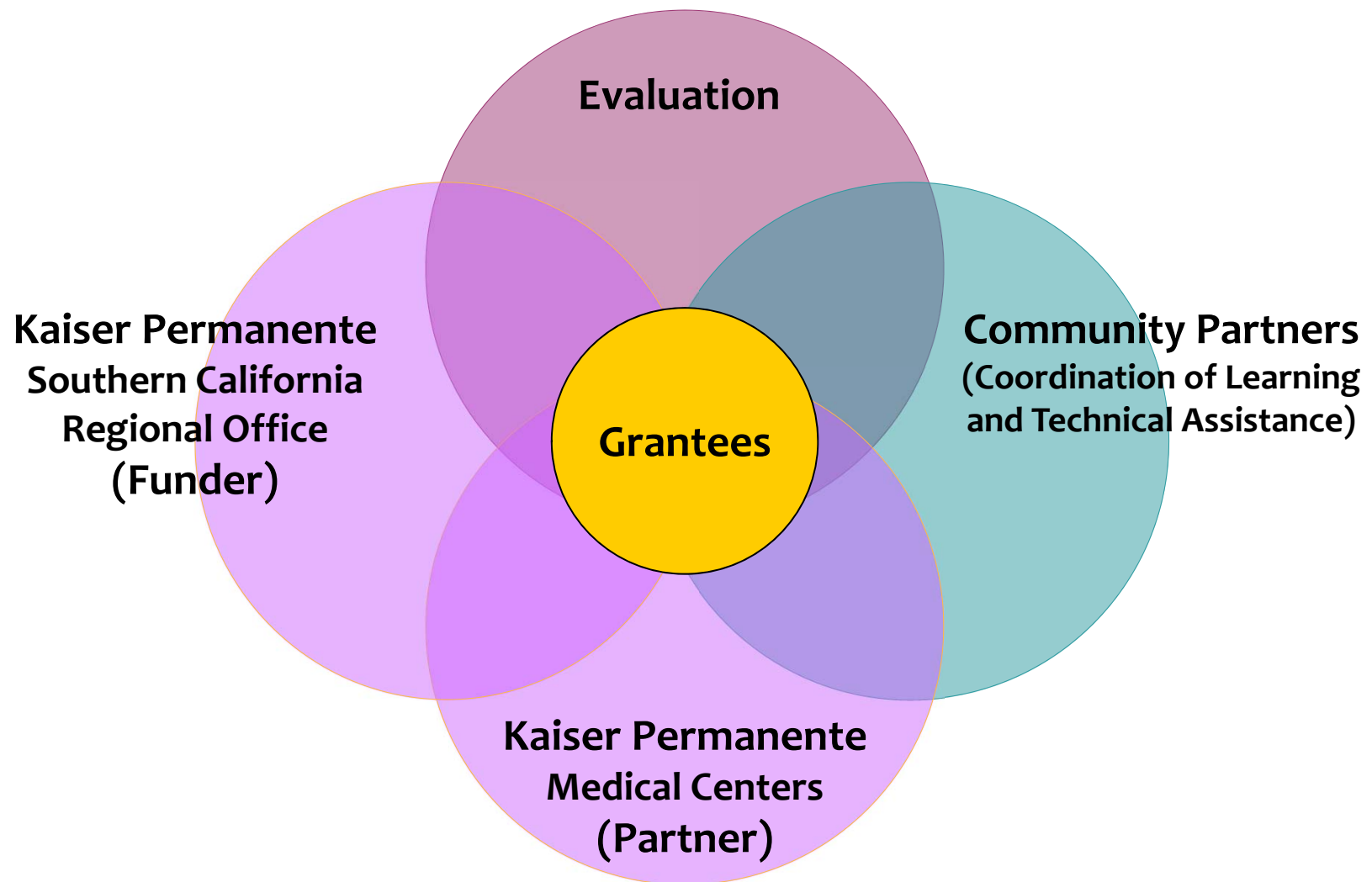
## HEAL Zone



## HEAL Local Partnership



# Southern California Kaiser Permanent HEAL Teams





# Agenda



**Welcome & Introductions**

**HEAL Sustainability Plans**



**Physical Activity Break**

**HEAL Stories of Impact**



**Reflections & Closing**

**Reception & Festival of Lights**



# Icebreaker

*Its not the gift, but the thought that counts.*

- *Henry Van Dyke*

*Yesterday's the past, tomorrow's the future, but today is a gift.*

*That's why it's called the present.*

- *Bil Keane*

***What is one gift you will never forget receiving?***





# HEAL Sustainability Plans

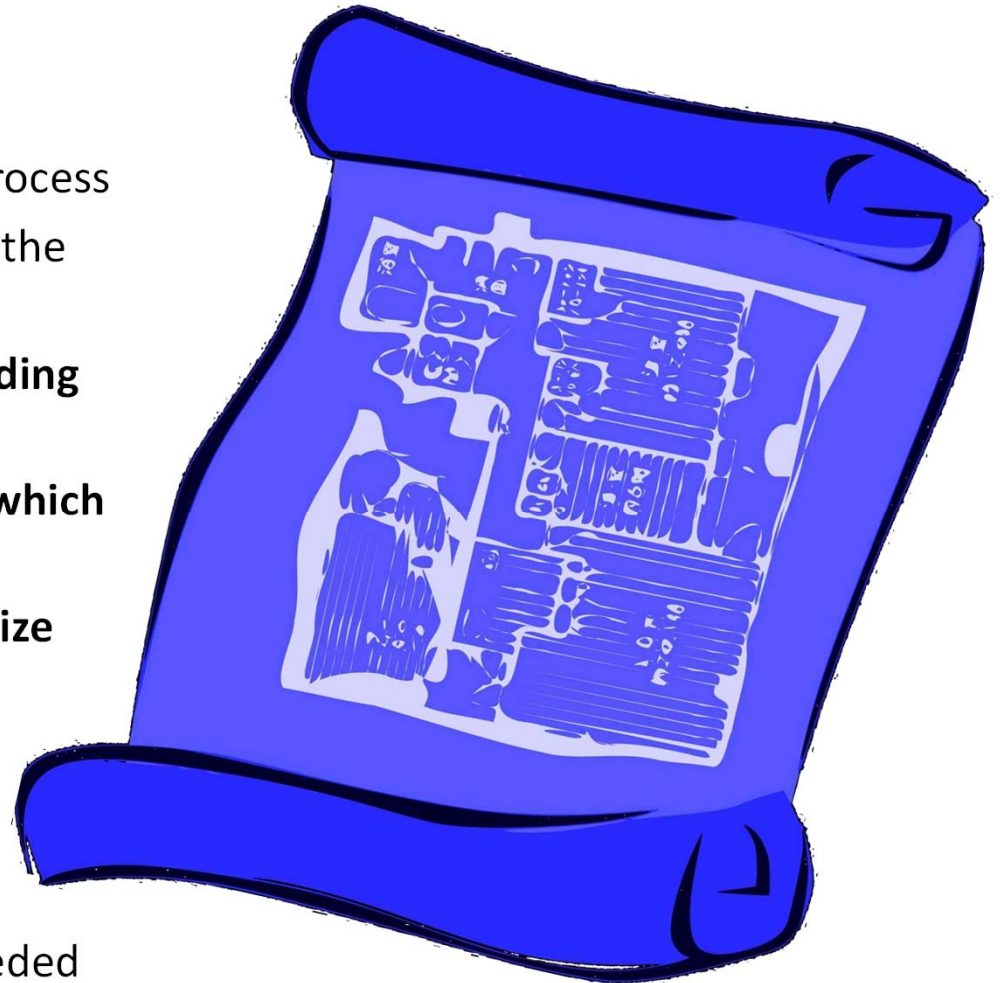
**Arpiné Shakhbandaryan**

Sr. Program Manager

*In this session, we will share and learn about the priority strategy outcomes and new directions that emerged from the sustainability planning process. Following the large group discussion, we will break into small groups to discuss best practices for the changing coalition, resident and youth engagement structures moving forward.*

# 10 Steps for Sustaining Coalition Efforts

1. Create a shared understanding of sustainability
2. Create a plan to work through the process
3. Position coalition efforts to increase the odds of sustainability
4. **Look at the current picture and pending items**
5. **Develop criteria to help determine which efforts to continue**
6. **Decide what to continue and prioritize**
7. **Create options for maintaining your priority efforts**
8. Develop a sustainability plan
9. Implement the sustainability plan
10. Evaluate outcomes and revise as needed





# HEAL Sustainability Plans

## Sustainability Planning Process

What was a shining moment? What was a challenging moment and how did you overcome it? What would you do differently?

## Priority Strategies

What are the priority strategies moving forward? What are major adjustments and evolutions, or new and exciting directions?

## Partnership and Funding Opportunities

Who are new partners or organizations who will sustain priority strategies? What are new and exciting funding opportunities?





# HEAL Sustainability Plans

## Coalition Structure and Function

**Facilitator: Laura Keene**

*How will you structure within the coalition and within the community?*

## Resident Engagement

**Facilitator: Judy Harper**

*How will you structure resident engagement, leadership and advocacy?*

## Youth Engagement

**Facilitator: Arpiné Shakhbandaryan**

*How will you structure youth engagement, leadership and advocacy?*



**MERRY**



**FITNESS**



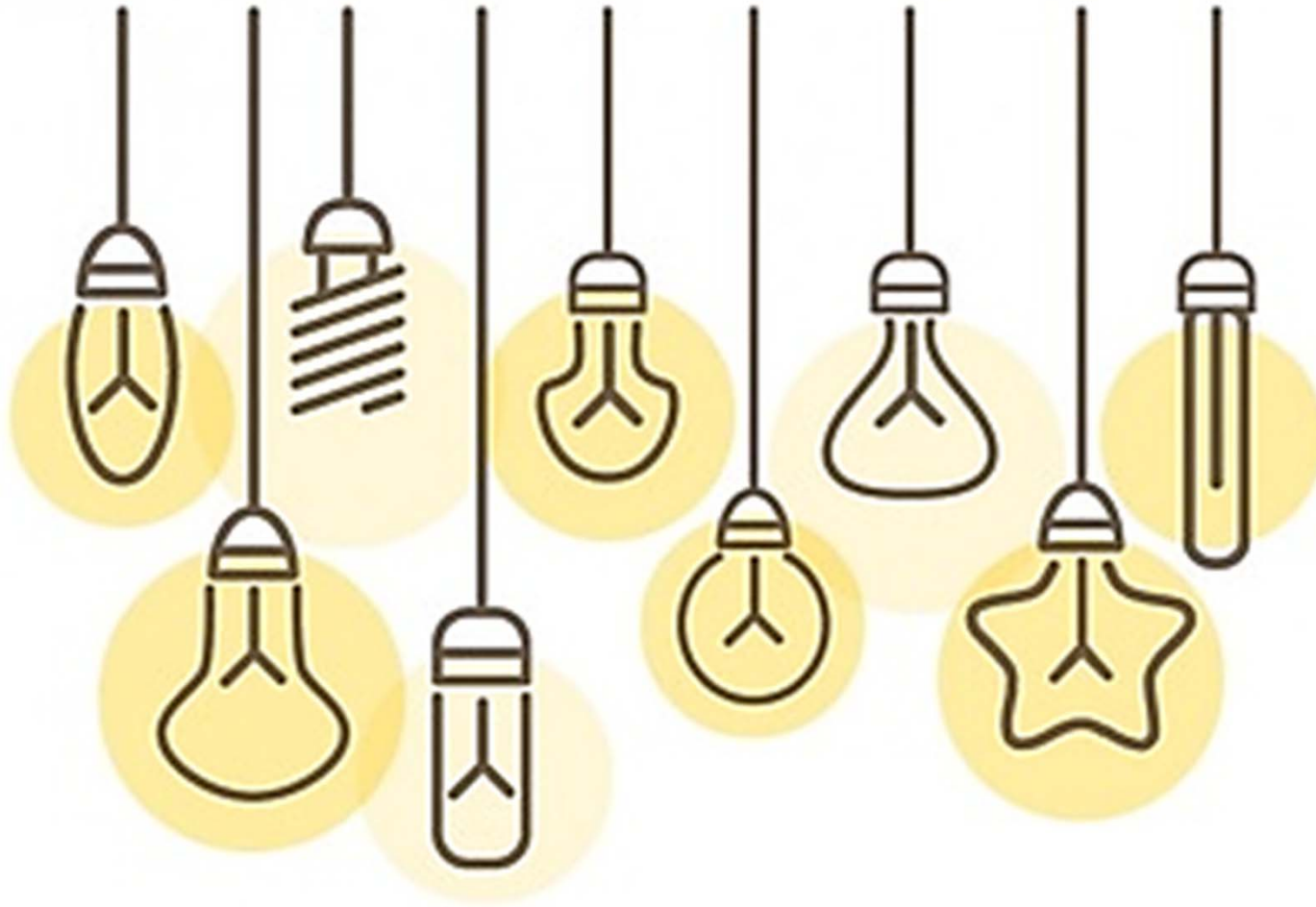


# HEAL Stories of Impact

**Laura Keene and Michelle Molina**  
Evaluation Consultant

*Funders and stakeholders are interested in learning about the measureable changes that have occurred in your communities as a result of your efforts. In this session, we will practice how to effectively combine storytelling and outcome data to better illustrate the impact you are making in your HEAL community and beyond.*

## Closing Reflections





# Thank You for Participating

**Please complete and return the surveys in your packet.**  
**Include your ideas for the last learning event in Spring 2019.**

**5:00 – 6:00 pm**

Hotel Check-In

**6:00 – 7:30 pm**

Networking Reception

**7:15 – 8:30 pm**

Riverside Festival of Lights