



Welcome! ;Bienvenidos!

**Southern California Kaiser Permanente
HEAL Winter Resident and Youth Leaders
Learning Community**

**December 8, 2018
Marriott Hotel, Riverside**

Agenda

9:30 – 10:00 a.m.

Welcome and Introductions

10:00 – 10:45 a.m.

Lessons from Resident Leaders

10:45 a.m. – 12:00 p.m.

Morning Breakout Sessions

12:00 – 1:00 p.m.

Lunch

1:00 – 3:00 p.m.

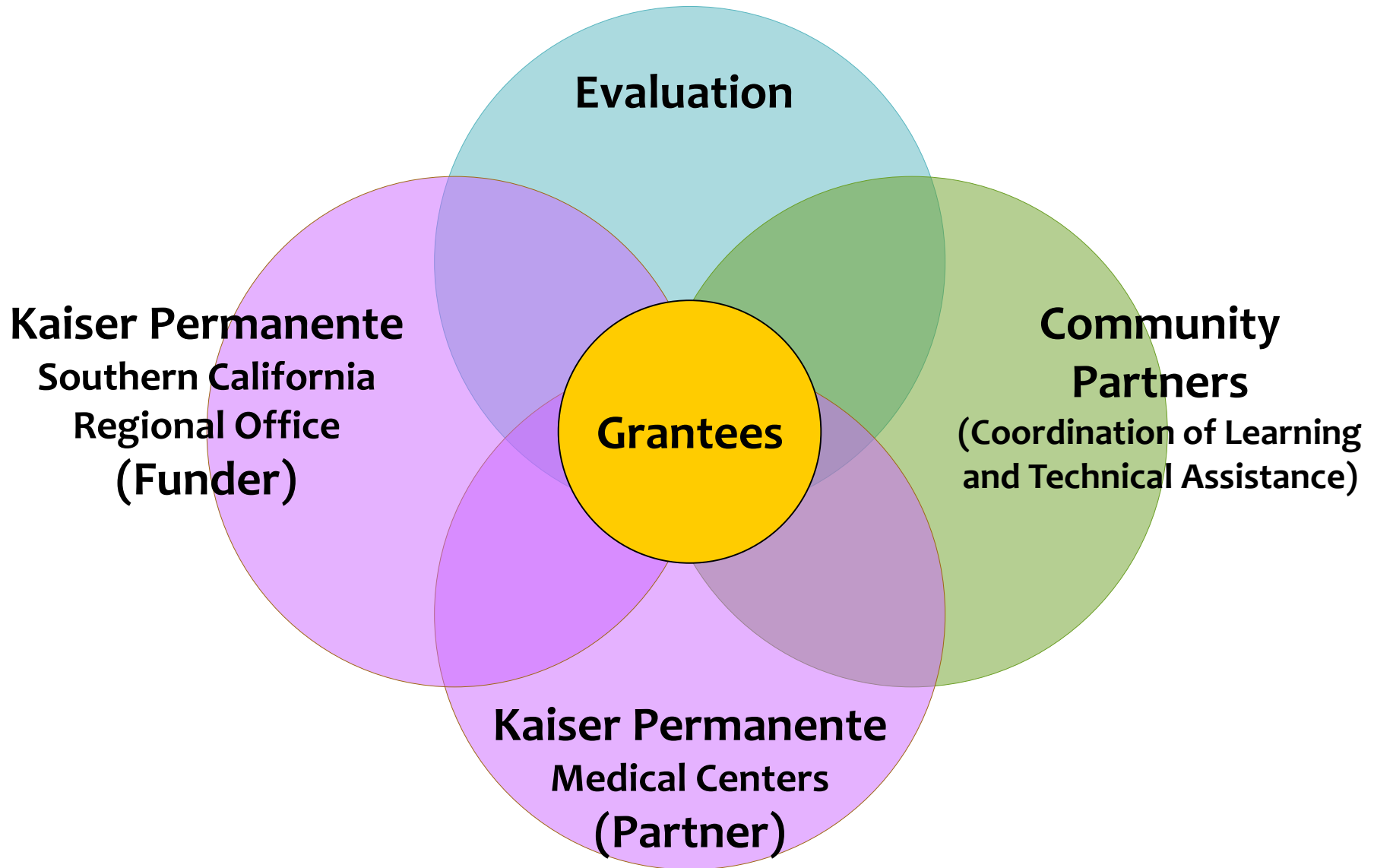
Local Visit: Art Transformation in Riverside

3:00 – 4:00 p.m.

Awards and Closing



Southern California HEAL Team



Southern California HEAL Communities

HEAL Zone



HEAL Local Partnership



Icebreaker

Name, Community and Role

Spanish

Who is someone that has impacted you and why?

¿Nombre, quién es alguien que te ha impactado y por qué?

If you lived in a healthy community what would it look like?

¿Si vivieras en una comunidad saludable, cómo sería?

What are you hoping to learn today?

¿Qué esperas aprender hoy?

Welcome



Councilmember Andy Melendrez

Ward 2

City of Riverside

Lessons from Resident Leaders

Lecciones de los Líderes Residentes



Noell Avila-Garcia
Community outreach Specialist
Riverside Community Health Foundation

Morning Breakout Sessions

Building and Sustaining Relationships with City Government (Regency Salon II)

Reflecting on their personal stories of HEAL work, Riverside and Long Beach partners will share their experiences building and sustaining relationships between residents, youth and city government to create healthier communities. They will share best practices for working with local government and offer advice on how to develop policy solutions and advocate public funding. Following the discussion, participants will reflect and dialogue in small groups.

NOTE: Session includes interpretation.

Family Activism – Leadership for Life (Orangecrest)

In this session, Ontario and Lemon Grove will share their secrets to sustainable, effective advocacy for healthy communities – family activism! What does it mean to plan for “leadership for life?” What kinds of advocacy and healthy activities lend themselves to family involvement? How do families learn to balance activism with the everyday demands of schools, work and household duties? Come join us for this important discussion.

NOTE: Session includes interpretation.

Youth Advocacy – From Ideas into Action (Regency Salon I)

In order to sustain life and healthy neighborhoods, youth advocates must have meaningful opportunities. In this session, HEAL youth leaders from Long Beach and Riverside will share stories that highlight how young people are taking on responsibilities and driving decision-making in their communities. This is a great opportunity for both youth and adult allies to share resources and recommendations for effectively engaging youth.

NOTE: Session includes interpretation.

Lunch



Local Visit: Art Transformation in Riverside



HEAL Leader Awards Selection Committee



Alan Arce

Coordinator
Antelope Valley
Partners for Health



Brianna Freiheit

Consultant
Center for Nonprofit
Management



Dianne Debicella

Program Director
Community Partners

Presentation of Award

Cecilia Arias

Community Benefit Manager

Kaiser Permanente

HEAL Resident and Youth Leader Nominees

Sandra Carvajal, Anaheim HEAL Local Partnership

Linda Contreras, Lemon Grove HEAL Zone

Rosamaria Davis - Gonzalez, Lemon Grove HEAL Zone

Adam Carney, Lemon Grove HEAL Zone

Emma Contreras, Lemon Grove HEAL Zone

Justin Um, Long Beach HEAL Zone

Maria Avila, Long Beach HEAL Zone

Elizabeth Valdez Garcia, Ontario HEAL Zone

Maria Santillan, Ontario HEAL Zone

Gerardo Gallegos, Ventura HEAL Local Partnership

HEAL Resident and Youth Leader Awardees

Adam Carney

Youth Resident Leader
Lemon Grove HEAL Zone

Sandra Carvajal

Adult Resident Leader
Anaheim HEAL Local Partnership

Closing Session

*What were your main learnings or take-aways from today?
¿Cuales fueron los principales aprendizajes que llevará del día?*



Our Learnings & Experience

*Reflections on our experience.
Reflexiones sobre nuestra experiencia.*



Thank you for participating!
¡Gracias por participar!

Please Turn in Your Survey
Favor de entregar su encuesta

Enjoy the Rest of Your Day!
¡Disfrutar del resto de su tarde!