Welcome! ¡Bienvenidos!

Southern California Kaiser Permanente
HEAL Winter Resident and Youth Leaders
Learning Community

December 8, 2018
Marriott Hotel, Riverside
Agenda

9:30 – 10:00 a.m.
Welcome and Introductions

10:00 – 10:45 a.m.
Lessons from Resident Leaders

10:45 a.m. – 12:00 p.m.
Morning Breakout Sessions

12:00 – 1:00 p.m.
Lunch

1:00 – 3:00 p.m.
Local Visit: Art Transformation in Riverside

3:00 – 4:00 p.m.
Awards and Closing
Southern California HEAL Team

Kaiser Permanente Southern California Regional Office (Funder)

Kaiser Permanente Medical Centers (Partner)

Grantees

Evaluation

Community Partners (Coordination of Learning and Technical Assistance)
Southern California HEAL Communities

HEAL Zone

- Lemon Grove HEAL Zone
- Coalition for a Healthy North Long Beach
- EASTSIDE HEAL Zone
- Healthy Eating Active Living

HEAL Local Partnership

- Activate Anaheim
- Healthy Ventura County
  West Ventura HEAL Zone Initiative
Icebreaker

Name, Community and Role

Spanish

Who is someone that has impacted you and why?
¿Nombre, quién es alguien que te ha impactado y por qué?

If you lived in a healthy community what would it look like?
¿Si vivieras en una comunidad saludable, cómo sería?

What are you hoping to learn today?
¿Qué esperas aprender hoy?
Welcome

Councilmember Andy Melendrez
Ward 2
City of Riverside
Lessons from Resident Leaders

Lecciones de los Líderes Residentes

Noell Avila-Garcia

Community outreach Specialist
Riverside Community Health Foundation
Building and Sustaining Relationships with City Government (Regency Salon II)
Reflecting on their personal stories of HEAL work, Riverside and Long Beach partners will share their experiences building and sustaining relationships between residents, youth and city government to create healthier communities. They will share best practices for working with local government and offer advice on how to develop policy solutions and advocate public funding. Following the discussion, participants will reflect and dialogue in small groups.
NOTE: Session includes interpretation.

Family Activism – Leadership for Life (Orangecrest)
In this session, Ontario and Lemon Grove will share their secrets to sustainable, effective advocacy for healthy communities – family activism! What does it mean to plan for “leadership for life?” What kinds of advocacy and healthy activities lend themselves to family involvement? How do families learn to balance activism with the everyday demands of schools, work and household duties? Come join us for this important discussion.
NOTE: Session includes interpretation.

Youth Advocacy – From Ideas into Action (Regency Salon I)
In order to sustain life and healthy neighborhoods, youth advocates must have meaningful opportunities. In this session, HEAL youth leaders from Long Beach and Riverside will share stores that highlight how young people are taking on responsibilities and driving decision-making in their communities. This is a great opportunity for both youth and adult allies to share resources and recommendations for effectively engaging youth.
NOTE: Session includes interpretation.
Lunch
Local Visit: Art Transformation in Riverside
HEAL Leader Awards Selection Committee

Alan Arce
Coordinator
Antelope Valley Partners for Health

Brianna Freiheit
Consultant
Center for Nonprofit Management

Dianne Debicella
Program Director
Community Partners
Presentation of Award

Cecilia Arias
Community Benefit Manager
Kaiser Permanente
HEAL Resident and Youth Leader Nominees

Sandra Carvajal, Anaheim HEAL Local Partnership
Linda Contreras, Lemon Grove HEAL Zone
Rosamaria Davis - Gonzalez, Lemon Grove HEAL Zone
Adam Carney, Lemon Grove HEAL Zone
Emma Contreras, Lemon Grove HEAL Zone
Justin Um, Long Beach HEAL Zone
Maria Avila, Long Beach HEAL Zone
Elizabeth Valdez Garcia, Ontario HEAL Zone
Maria Santillan, Ontario HEAL Zone
Gerardo Gallegos, Ventura HEAL Local Partnership
HEAL Resident and Youth Leader Awardees

Adam Carney
Youth Resident Leader
Lemon Grove HEAL Zone

Sandra Carvajal
Adult Resident Leader
Anaheim HEAL Local Partnership
What were your main learnings or take-aways from today?
¿Cuales fueron los principales aprendizajes que llevará del día?
Our Learnings & Experience

Reflections on our experience.
Reflexiones sobre nuestra experiencia.
Thank you for participating!
¡Gracias por participar!

Please Turn in Your Survey
Favor de entregar su encuesta

Enjoy the Rest of Your Day!
¡Disfrutar del resto de su tarde!