



Southern California Kaiser Permanente Thriving Schools Newsletter November 2017

Highlights and Current Events



California Bans Marketing of Unhealthy Foods in Schools

California Governor Jerry Brown has signed Assembly Bill 841, which prohibits schools from marketing foods that cannot be sold or served in those schools. The law also prohibits schools from participating in corporate incentive programs that reward students with free or discounted foods or beverages that do not comply with applicable nutritional standards such as the USDA Smart Snacks in School regulations. ChangeLab Solutions has created a fact sheet on restricting unhealthy food marketing in schools as well as model policies with language for district-level policies and state-level statutes. [Link](#)

Resources and Learning Opportunities

Local Control and Accountability Plan



Supporting Your Wellness Policy Through LCAP

Originally a presentation by the California School Nutrition Association, this resource provides an overview of the LCAP and a step-by-step process to link your local School Wellness Policy to LCAP funding.

[Link](#)



School Nutrition for Academic Success: A LCAP Guide

This comprehensive guide serves as a starting point for school districts interested in incorporating nutrition efforts into their LCAP. This resource from California Food Policy Advocates introduces four different evidence-based strategies that can be utilized to support nutritional health and academic achievement for students. [Link](#)



Ready or Not: How California School Districts are Reimagining Parent Engagement in the Era of LCFF

In order to leverage the powerful connection between student achievement and parent engagement, Families in Schools (FIS) compiled a publication to examine the inner workings of districts across California. Building from multiple interviews with district leaders and staff, the report identifies core themes and critical recommendations for proactively

engaging parents. [Link](#)

Wellness Policy Implementation and Monitoring



A Guide to Implementing Your Local School Wellness Policy

The Policy in Action guide focuses on implementing the physical activity and food and beverage guideline components of a local wellness policy. Intended for individuals at the ground level who are responsible for implementation, this can serve as a strong resource for food service

directors, principals, athletic directors, teachers, nurses, school health or wellness council members, parents, students and community members.

[Link](#)

Employee Wellness



School Employee Wellness

Committed to strengthening workforce health, Kaiser Permanente compiled a web page to house resources for school employee wellness. Federal guidelines, success stories and strategy tips for supporting the wellbeing of staff members are available for online access.

[Link](#)



Health Promotion for Staff

The Alliance for a Healthier Generation has compiled a collection of modules to support school staff members interested in starting a staff wellness program. Readiness assessments, planning tools, and virtual trainings are available on this website. [Link](#)

Parent and Youth Engagement



School Health: Empowering Parents to Push for Change

This article highlights the benefits of parent engagement in school life, and offers tips to secure this essential partnership in order to form permanent changes to the school wellness environment.

[Link](#)



Parent and Youth Engagement Tools and Resources

California Project LEAN develops research-based, user-friendly tools and resources that enable groups to implement strategies that will improve nutrition and physical activity environments. Parent and youth engagement toolkits are available through their website. [Link](#)

Grant Opportunities



Drinking Water for Schools Program Now Accepting Applications

The Drinking Water For Schools Grant Program will provide \$9.5 million in funding to improve access to, and the quality of, drinking water in public schools pursuant to Senate Bill 828. To be eligible for funding, applicants must provide documentation of impaired drinking water quality, impaired access to drinking water, or a combination of both. Applications to the grant program are submitted using the Financial Assistance Application

Submittal Tool (FAAST). [Link](#)



2018 Farm to School Grant Program Applications Due: December 8, 2017

The USDA Farm to School Grant Program awards up to \$5 million annually in competitive grant funding to support efforts that improve access to local foods in schools. Applicants may apply for a planning, implementation, or training grant, with award amounts ranging from \$20,000 - \$100,000. [Link](#)



SPARK Grant Finder

The SPARK Grant Finder Tool helps you locate funding for your Physical Education, After School, Early Childhood, Classroom Activity, or Coordinated School Health program. Grants are updated daily and can be searched by location and interest. [Link](#)

About

The Kaiser Permanente Thriving Schools Partnership Grant (TSPG) Newsletter is published to provide important grantee updates and highlight Southern California TSPG activities. The Newsletter also includes a calendar of upcoming events, resources, learning opportunities, grant funding notices, and policy updates. If you have questions or comments, please contact Judy, Arpiné or Pia using the contact information below.

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