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HEALing NEWSLETTER

June 2012

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Save the Date: Fall Learning Community

Tuesday, October 9, 2012

The Westin Pasadena

191 North Los Robles Avenue, Pasadena, CA 91101

Virtual Brown Bag Learning Series

HEAL Zone Evaluation Framework

June 28, 2012 | 12:00 Noon - 1:30 PM

Grab your lunch and join us! This month, Alan Cheadle and Ama Atiedu from the Center for Community Health and Evaluation (CCHE) will facilitate the discussion on the evaluation framework. The Virtual Brown Bag is a monthly web convening to facilitate opportunities for grantees to learn from each other and from outside experts. It will be held on the fourth Thursday of every month from 12 noon - 1:30 PM.

Please mark your calendars now. Click [here](#) to RSVP for the June 28th Virtual Brown Bag.

HEAL Site Highlights



12 HEAL Initiative Youths Participate in Statewide Conference

California Center for Civic Participation (CCCP)

Hollywood High School, Long Beach, Ontario and Riverside youth participated in the CCCP statewide Youth Advocate Network for Sustainable Communities (YANSC) conference in Sacramento from May 20 - 22. The mission of CCCP is to empower youth to be vital participants in decision making processes at all levels.



The youth had the opportunity to present to an audience of statewide policymakers at the State Capitol on their top priority strategies in the areas of transportation, land use, food access and education. They also met with their local representatives to provide perspective on the strengths and challenges their

communities face to create healthy active environments for residents. The youth will work with the HEAL Initiative partners to recruit new members and meet regularly to work on issues in their communities.



Anaheim, Oildale and Riverside Participate in Screening of HBO's THE WEIGHT OF THE NATION

The Weight of the Nation™ documentary series and public health campaign, which aired in May on HBO, presents a unique opportunity to spotlight the severity of the obesity epidemic, showcase strategies that work and, most importantly, catalyze action to end obesity. Anaheim, Oildale and Riverside hosted screenings in their communities and have said that these resources are great to "spark discussion and solutions" and to "engage and inform." You can take advantage of the resources now to activate efforts in your community:

- HBO's The Weight of the Nation [resources](#).
- Kaiser Permanente [resources](#).

The coordinating agency for each HEAL Zone will receive a screening kit in the mail. If you haven't received yours yet, please contact [Andrea Azuma](#).

If you would like to be featured in the monthly newsletter, please send a description of your site's highlight to [Arpiné](#).

Upcoming Events



Voices For Change: Uniting for Health Equity **Wednesday, June 13, 2012 | 8:30 AM - 4:00 PM**

The conference will focus on identifying effective ways to collaborate on some of the most pressing issues impacting health in communities of color - wealth inequalities, struggling schools, punitive immigration laws, environmental hazards and lack of access to care. Click [here](#) for more details.



Slowing Drivers Down: Why It Matters and Solutions **Thursday, June 14, 2012 | 10:00 AM - 11:00 AM**

Traffic safety, especially the speed of cars around schools, is one of the biggest barriers to walking and biking to school reported by parents. Reducing the speed of traffic around schools is a good step to make routes to school safer and encourage families to walk and bike. This webinar highlights strategies used by two communities to successfully slow vehicle speeds around schools. Click [here](#) for more details.



SPARK Wednesday Webinar Series **3rd Wednesday | 3:00 PM**

SPARK is a research-based organization that disseminates evidence-based Physical Education, After School, Early Childhood and Coordinated School Health programs to teachers and recreation leaders serving Pre-K through 12th grade students. Whether you are a seasoned SPARK Star, just learning about the program, or have an interest in the month's timely topic, this webinar series is for you! Click [here](#) for more details.



"Together We Can" Partnership Series

Wednesday, June 20, 2012 | 11:00 AM

On Wednesday, May 16th 2012, USDA launched their new "Together We Can" Partnership Series for community and faith-based organizations. These one-hour training sessions cover topics such as providing summer meals, teaching nutrition education, and building local food systems. You can attend all of the sessions, or join the ones most relevant to your organization and community. Click [here](#) for more details.

Resources & Learning Opportunities



Improving School Policies and Settings to Increase Physical Activity

This web forum recording highlights effective ways to get children more active in the school setting - inside as well as outside of regular classes. It includes strategies to improve the quality of PE, recess, and other school policies, programs and environments to support physical activity. Click [here](#) for more details.



Addressing the Intersection: Preventing Violence and Promoting Healthy Eating and Active Living

This report provides an explanation of the inter-relationship between violence and healthy eating and activity. The findings and recommendations offered can support practitioners and advocates in their work to prevent chronic disease in communities heavily impacted by violence. Click [here](#) for more details.



Accelerating Progress in Obesity Prevention: Solving the Weight of the Nation

This report outlines comprehensive strategies for addressing the nation's obesity epidemic and calls on leaders in all sectors to accelerate action to advance those strategies. Sponsored by the Robert Wood Johnson Foundation, the report highlights five key goals for physical activity, food and beverage environments, messaging, health care and schools for reversing the epidemic. Click [here](#) for more details.



A Decade of Advocacy: The Strategic Alliance for Healthy Food and Activity Environments

Since 2001, Strategic Alliance has been at the forefront of developing strategies, tools and policies that have made California a leader in promoting healthy and active environments. Read the report to learn more about the history, vision, structure and accomplishments. Click [here](#) for more details.



2011 National Healthcare Disparities Reports

For the ninth year in a row, the Agency for Healthcare Research and Quality (AHRQ) has produced the National Healthcare Disparities Report (NHDR). It summarizes health care quality and access among various racial, ethnic, income groups, rural areas and people with disabilities. Click [here](#) for more details.

Grant Opportunities



**The Finish Line Youth Foundation's Active Lifestyle Grant
Application Deadline: June 30, 2012**

The Foundation offers grants to nonprofit organizations that provide community-based access to athletics and other active lifestyle activities for youth under the age of 18. Requests are reviewed quarterly; the remaining deadlines for 2012 are June 30, September 30, and December 31. Click [here](#) for more details.



**Innovative Ideas Challenge
Application Deadline: September 1, 2012**

This grant by the California Endowment seeks innovative ideas to address the persistent and emerging health issues that impact underserved communities in California. Projects should align with the 10 outcomes or 4 big results from the Building Healthy Communities plan, including reversing the childhood obesity epidemic. California nonprofit organizations are eligible to apply. Click [here](#) for more details.

Policy Updates



***Incorporating Health and Equity into State Guidance
Building Healthy Communities
AB 441 (Monning)***

AB 441 would include health and equity criteria in the documents that the state uses to provide guidance on land use and transportation planning and development. The bill would ensure that city, county and regional governments consider the health implications of planning and development decisions. Click [here](#) for more details.

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