

HEALing NEWSLETTER

December 2012

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Virtual Brown Bag

There is no Virtual Brown Bag scheduled for December 2012.

Have a Happy Healthy Holidays!



LAUSD Board to Vote on "Improving Food and Nutrition Policy" Resolution

Tuesday, December 11, 2012 | 4:00 PM
333 S. Beaudry Avenue, Los Angeles, California

The LAUSD Board of Education will vote on a resolution called "Improving Food and Nutrition Policy" on December 11th. This policy is led by Board member Steve Zimmer and co-authored by Board President Mónica García. Click [here](#) to read the full resolution as outlined on page 13.

The main areas of focus are access to meals, improved appeal of school meals, communications, good nutrition, nutrition education, procurement, and monitoring. The Healthy School Food Coalition, California Food Policy Advocates, and the Los Angeles County Department of Public Health, among other, collaborated to create this policy. [Details](#)

HEAL Site Highlights



Hollywood High School Site Visit with Kaiser CHI Academy



(Left to Right) Assistant Principal Morris, Community Benefit Manager Lopez, Principal Sanchez, Student and Associated Student Body President Familoni, Healthy School Partnership Coordinator Woodson, L.A. Trust Executive Director Puffer, Kaiser Community Benefit Project Manager Steinberg, and Kaiser Community Benefit Programs Manager Ruedaflares.

The Kaiser Community Health Initiative (CHI) Academy brings together regional colleagues who are responsible for the planning, execution, and evaluation of CHI and HEAL initiatives. This year's CHI Academy was hosted in Los Angeles and included a site visit to Hollywood High School. The purpose of the site visit was to gain knowledge about the challenges of and opportunities for improving student health and wellness in a large, low-income, urban high school; to understand the vision and goals of the Healthy School Partnership (HSP) and its accomplishments to date; and reflect on opportunities for linking student wellness with academic achievement. For more information contact [Ryan Woodson](#).



Youth Advocate, Austin Havell, Recognized for his work in Lemon Grove



Each October, Patch associate regional editor Hoa Quach organizes the "30 Under 30" project, honoring young leaders making a difference throughout San Diego. Austin Havell was recognized for his role on the Lemon Grove HEAL Zone Initiative steering committee. His advice to young leaders is to "always try your best, strive to be better, and always think of others. Additionally, consistently take the initiative to make your community better in many different ways." [Details](#)



Long Beach, Los Angeles, and Riverside Part of California's Bicycle Friendly Communities

The Bicycle Friendly Community Program (BFC) provides incentives, hands-on assistance, and award recognition for communities that actively support bicycling. A Bicycle Friendly Community welcomes cyclists by providing safe accommodation for cycling and encouraging people to bike for transportation and recreation. [Details](#)

If you would like to be featured in the monthly newsletter, please send a description of your site's highlight to [Arpiné](#).

Upcoming Events



Afterschool Meals Matter - Build a Strong Afterschool Meal Program with School Nutrition Directors

Wednesday, December 19, 2012 | 10:00 AM

School Nutrition Departments have expertise in operating the federal child nutrition programs, and many afterschool programs operate at schools. Join this webinar to hear from school nutrition directors who are successfully operating the Afterschool Meal Program and learn how they work with afterschool coordinators to provide healthy meals to children who need them. [Details](#)



12th Annual New Partners for Smart Growth Conference

February 7-9, 2013 | Kansas City, Missouri

The 12th annual New Partners conference will explore practical strategies for identifying and overcoming barriers to more sustainable development in the Midwest and the rest of the nation. [Details](#)



10th Annual Active Living Research Conference

February 26-28, 2013 | San Diego, California

This annual conference provides a forum for investigators to share findings and to learn about the latest thinking, methods, and research on policy and environmental issues related to active living. The conference also provides an opportunity for advocates, practitioners, policy-makers, and others to gain information and connections that can advance their work in promoting physical activity and preventing obesity. [Details](#)



7th Biennial Childhood Obesity Conference

June 18-20, 2013 | Long Beach, CA

The biennial Childhood Obesity Conference is the nation's largest, most influential collaboration of professionals dedicated to combating pediatric obesity. Nearly 2,000 attendees from across the country are expected to attend in 2013. The Conference will showcase the latest research, evidence-based best practices, and policy/environmental change strategies. [Details](#)

Resources & Learning Opportunities



Local School Wellness Policies - Healthy Schools Mean Healthy Kids, Families & Communities

Learn how to use the new wellness policy requirements to transform your school environment! Find out how to update your school wellness policy to meet federal requirements established in the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). Join the statewide school wellness movement to support the academic achievement and well-being of all students and adults on school campuses! [Details](#)



Steps to a Walkable Community

Creating a pedestrian-friendly community often means tackling the challenges to walking from several different angles at the same time. Steps to a Walkable Community features tactics and case studies in multiple disciplines and integrates them with other emerging ideas. [Details](#)



Study Supports Programs Promoting Healthy Eating

Kaiser Permanente announced results from a study that found programs promoting healthy eating can substantially reduce the amount of unhealthy foods and beverages on school grounds if the programs focus on a school's specific needs and involve teachers, parents, staff, and administrators. [Details](#)



Getting Equity Advocacy Results (GEAR)

GEAR is the new online suite of benchmarks, methods, and tools to help advocates, organizers, and their allies track the results of their equity campaigns. Tracking equity advocacy is important, and does not need to be complex or daunting. [Details](#)



RWJF Announces Initiative to Combat Childhood Obesity

The Robert Wood Johnson Foundation (RWJF) announced that it has awarded the American Heart Association (AHA) \$8 million dollars to create and manage an initiative aimed at reversing the national childhood obesity epidemic by 2015. Focused on policy change at the local, state and federal levels, AHA will develop the overall strategy and then fund interventions to advance change in three areas known to impact childhood obesity: improving the nutritional value of school food and beverage, decreasing consumption of sugary drinks, and addressing marketing of unhealthy products to children. [Details](#)



Clinton Foundation Announces Launch of New Health Initiative

The new Clinton Health Matters Initiative (CHMI) will focus its efforts on closing gaps in preventable illness that are based on race, education, and income. Recognizing the impact that poor health will have on the nation's growth, Clinton said that reducing health disparities is a matter of justice as well as economics.

[Details](#)

Grant Opportunities

TORCHLIGHT PRIZE

Recognizing Communities that Organize to Solve Problems

Application Deadline: December 21, 2012

Award Amount: \$10,000

The Torchlight Prize was established by the Family Independence Initiative to recognize and reward groups of families, friends, or community members that have self-organized to strengthen their communities or neighborhoods. Does this sound like a group you are a part of? Is this some people you know? Nominate a group for the 2013 Torchlight Prize. [Details](#)



Fuel Up to Play 60

Application Deadline: January 15, 2013

Award Amount: \$4,000

The competitive, nationwide funding program can help your school jumpstart and sustain healthy nutrition and physical activity improvements. Funding is available to K-12 schools enrolled in Fuel Up to Play 60. Funds can be used for professional development, nutrition education materials, and physical education equipment and materials. [Details](#)



The Bank of America Student Lenders Program

Application Deadline: January 25, 2013

Award Amount: 8 Week Paid Internship

Since 2004, this program has recognized more than 1,800 exemplary high school youth who have a passion for improving their communities. The students gain a greater understanding of how nonprofits create impact in the community and helps develop them as the next generation of community leaders. [Details](#)



Lowe's Toolbox for Education

Application Deadline: February 15, 2013

Award Amount: \$5,000

Lowe's Charitable and Educational Foundation is dedicated to helping parent-teacher groups achieve more. Eligible applicants include public K-12 school or non-profit parent groups (PTO, PTA, etc.) with an independent EIN and official 501c(3) status. Applicable projects include facility enhancement, landscaping, and clean-up projects. Projects that encourage parent involvement and build stronger community spirit will be favored. [Details](#)

Policy Updates



City of Los Angeles Institutes Comprehensive Food Procurement Policy

October 24, 2012

Mayor Antonio R. Villaraigosa and Los Angeles City Council adopted The Good Food Purchasing Pledge, a food purchasing policy designed to increase the purchase of locally grown, sustainable food, while promoting healthy eating habits, workers' rights, and animal welfare. By issuing an Executive Directive in support of the policy, Los Angeles implements one of the most comprehensive city food procurement policies in the country. [Details](#)



Good Food Purchasing Policy

November 13, 2012

It was an exciting day at the LAUSD School Board meeting with the Board's adoption of the Good Food Purchasing Policy on November 13th. LAUSD is the largest unified provider of school food in the nation. Board Member Nury Martinez, along with resolution co-sponsors Board President Monica Garcia and Board Member Steve Zimmer, and Food Services Director David Binkle were the champions. Additional supporters include Mary Sue Milliken - Boarder Grill, Joann Lo - Food Chain Workers Alliance, Matt Sharp - California Food Policy Advocates, Claire Althouse - Natural Resources Defense Council, and the American Heart Association. [Details](#)

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