

Kaiser Permanente Southern California HEAL Zone Initiative Summary of Strategies by Site

Strategies	HEAL Local Partnership		HEAL School Partnership	HEAL Planning	HEAL Zone					
	Antelope Valley	Whittier	Hollywood	Oildale	Anaheim	Long Beach	Ontario	Riverside	San Diego	Ventura
School Nutrition										
Salad Bar		X					X			
Removal of Flavored Milk / Healthy Beverages					X	X			X	
Healthy Rewards / Healthy Fundraising in School	X		X				X			X
Improve / Increase Healthy School Meal / Snack / Vending Options in School / After School	X	X	X		X	X	X	X	X	
School Garden	X		X							
School Physical Activity / Physical Education										
School Policy for Physical Activity		X	X		X			X	X	X
Add Additional Minutes / Opportunities of PA in Recess / Classroom PE Curriculum / Afterschool	X	X	X		X		X	X		
Safe Routes to Schools / Walking School Bus	X				X	X				X
Community Nutrition										
Corner Store Conversion / Grocery Store Improvements		X			X	X	X	X	X	
Restaurant Menu Labeling / Increase Healthy Entree					X				X	X
Community Garden	X		X				X	X		X
Farmer's Market / Mobile Markets						X	X	X		
Institutional Healthy Vending Machines / Policy							X	X	X	
Health Foods at Food Banks							X			X
Community Physical Activity										
Built Environment Change in Parks / Walkways / Bikeways					X	X	X	X	X	X
PA Program in Parks / Community Centers / Wellness Homes	X				X	X	X	X	X	
Joint Use Agreements			X		X	X			X	
Partnership with Clinics / Voucher Program for PA / Rx Program					X	X		X	X	X
Nutrition + Physical Activity										
Resident or Student Advocates / Promotoras		X	X		X	X	X	X	X	X
School Wellness Policy Revision	X	X	X		X		X	X	X	X
Nutrition / Physical Activity Education	X		X		X		X	X		X
Media / Social Marketing		X	X		X	X	X	X	X	
Worksite Wellness	X		X						X	
BMI Screening & Referral / Clinic Protocol							X	X	X	X
Improving Clinic Protocol			X			X		X	X	X
Master Plan / General Plan Revision / Health Option						X	X		X	