

# WALK IN TIME

## Strategic Vision Exercise

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# Message Basics

**CAUSE:** Why you are called to act

**MISSION:** What you will do

**STRATEGIES:** How you will do it

**VISION:** What your impact looks like



# ONE YEAR from now



## **What does success look like?**

What impact do you notice in your HEAL site?  
How are residents leading? Changing?  
What healthy behaviors do you see, if any?  
What can you overhear residents saying?  
What new partners are at the table?







# TWO YEARS from now



## **What does success look like?**

What changes do you see around you now?

What youth and resident leadership do you see?

How are behaviors shifting?

How are obesity trends being impacted, if at all yet?

How is the importance of health being recognized?

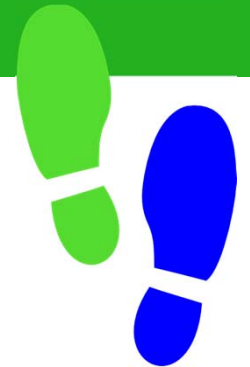








# THREE YEARS from now



## What does success look like?

What policies have been enacted?

What environmental changes are being sustained?

How has healthy eating and active living become easier for residents?

How is the work you started three years ago influencing neighboring communities?











# Turn Around

Now three years in the future, what advice would you give your HEAL site partners of today?

# Group Discussion

**Discussion by Site**

**Reflections**

*“Vision without action  
is just hallucination.”*

- Thomas Edison