HEAL Youth Convening 2013
Now and Later: Vision for My Community in 2015

NOW

1. Self-reflect on yourself and your community. What is most important to you about healthy and active living? What does your current community look like? How does this impact you and your family’s ability to live a healthy and active lifestyle?
2. Discuss your current reality with the rest of your group. Agree on one current reality and write or draw your ideas on flip chart paper.

LATER

1. If you had a magic wand and unlimited support and resources, what would you turn this reality into? What would your ideal healthy community look like?
2. Discuss your vision with your group and write or draw your ideas on flip chart paper.

VISION

Next, it’s time to share. Your team may choose between two opportunities to creatively display the vision for your healthy community. You will present your visions at the end of this session!

1. Create a storyboard that demonstrates the progression of improvements you’d like to see made from now through 2015. Utilize the storyboard sample as a starting point.

OR

2. Create a commercial to advertise your new community.
   - Imagine that you’re trying to convince someone to move to your town
   - Develop a 60 second commercial of your new town’s highlights
   - Highlight all the reasons why your new town is so great (& healthy!)
   - If you’d like, we can videotape your commercial!
   - Lights, camera (or not), action!