Southern California HEAL Learning Community

October 16, 2013

Westin Pasadena

All participants will understand the importance of sustained action for community transformation;
All participants will celebrate resident and youth leadership as critical components for sustained action;
Project directors and partners will more effectively communicate about environmental change;
Residents and youth will understand their roles in leading and sustaining community transformation;
Project Coordinators and partners will understand how to “self-sustain” as change agents;
Evaluation staff will more effectively link resident and youth engagement with evaluation.
Welcome

9:00 – 10:30 am
Inspiration, Leadership, and Sustainability

10:45 am – 12:00 pm
Let’s Talk Eastside: Unlikely Partnerships for Sustained Community Transformations

12:00 – 1:30 pm
Networking Lunch and Resident and Youth Leaders Award Ceremony

1:30 – 4:30
Afternoon Breakout Track Sessions Part I and II

4:30 – 5:30 pm
Closing Circle for Reflection and Celebration

5:30 – 7:00 pm
Networking Reception
Kaiser Permanente Welcome

Loel Solomon
Kaiser Permanente
Inspiration, Leadership, and Sustainability

Roberto Vargas
New World Associates
Break

If you are a guest at the hotel, please check-out.
Let’s Talk Eastside:  
Unlikely Partnerships for Community Transformations in Riverside

Judy Harper, Community Partners, Hostess

Lieutenant Andy Flores, Riverside Police Department
Mario Lara, Riverside Parks, Recreation, and Community Services
Honorable Andy Melendrez, Riverside City Council
Emilio Ramírez, Riverside Community Development
Dell Roberts, Eastside Riverside and Bordwell Park Park Advisory Committee
Networking Lunch and Resident and Youth Leader Award Ceremony

Dr. Joel Hyatt
Kaiser Permanente
Resident Leaders are.....
2013 HEAL Resident Leader

Leticia Murillo
Anaheim, CA
Youth Leaders are...
2013 Youth Leader

Analaura Amezquita
Whittier, CA
Concurrent Afternoon Track Sessions
Part I

Pacific A/B – Strategic Framing for HEAL Policy and Environmental Change

*Target Audience: agency directors, agency partners, elected officials, and KP staff*

“It’s your individual choice to eat healthy food and exercise – there is no need for government or schools to mandate what we eat and how much we exercise!” Sound familiar? Without losing sight of the importance of individual choice, how do we encourage key stakeholders to also consider environmental and policy change? In this session, a city manager, a city council member, and a school district director of pupil services will share their perspectives and insights.

San Diego – Taking Care of My Community and Myself

*Target Audience: residents, parents, and youth leaders*

As community residents struggle to balance the competing demands of family, work, and community, self-care often is left behind. How do we address health and well-being for both ourselves and our communities? This session will encourage reflection on and offer suggestions for sustaining your personal transformation.

Pacific C – Using Data to Shock and Motivate

*Target Audience: project coordinators, evaluators, and KP staff*

Do your partners or residents have questions about how to evaluate HEAL efforts? This session will offer practical tools for talking about evaluation in your HEAL community, provide examples of data collection tools, and suggests ways to include partners and residents in the data collection process. A small group exercise will allow you to practice sharing evaluation results with partners and community residents.
Walk and Talk Break

Enjoy a walking meeting in groups of 2 or 3 while reflecting on session concepts. A map of the surrounding area is available in your packet.

Please return at 3:15 pm for Networking Break!
Concurrent Afternoon Track Sessions
Part II

Pacific A/B – Walk Through Time: Achieving a Shared Vision
*Target Audience: agency directors, agency partners, elected officials, and KP staff*
During this reflective exercise, participants will gain greater insight into their coalition’s short- and long-term vision, and identify opportunities to advance the collaborative work in policy and environmental change.

San Diego – Building a Southern California HEAL Resident and Youth Learning Circle
*Target Audience: residents, parents, and youth leaders*
Resident and youth leaders are invited to share their accomplishments, challenges, and future plans for their HEAL communities. We will also discuss how to nurture and sustain connections and learning between the Southern California HEAL sites.

Pacific C – Proactive Leadership and Self-Care: How to Sustain Ourselves and Create Healthier Work Environments
*Target Audience: project coordinators and mid-level partner staff*
As we struggle to balance the competing demands of our self-care and community transformation, self-care often takes second place. How do we collectively address health and well-being for both ourselves and our organizations? This session will encourage reflection on creating work environments that support both individual and organizational sustainability.
Closing Circle for Reflection and Celebration

Loel Solomon
Kaiser Permanente

and

Roberto Vargas
New World Associates
Networking Reception

Please join us for a networking reception in the San Gabriel Patio.