### IMPLEMENTATION

**Group Discussion:**

Additional Ideas:

### MONITORING

**Group Discussion:**

Additional Ideas:

### EVALUATION

**Group Discussion:**

Additional Ideas:
The City Council just passed the healthy vending machine resolution and it will take effect in 6 months. What are the next steps for effectively implementing the changes?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 1

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Ideas for IMPLEMENTATION:

- Train staff that stock the vending machines and update them on policy guidelines and timeline.
- Meet with the vendor who provides snacks and update them on new policy guidelines. If they are unable to comply, initiate the process to change to a healthier vendor.

The vendor or staff have successfully completed the training and agreed to make the changes in the vending machines. In the first two weeks, they are doing a great job of following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ides with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 6
Healthy Vending
CLUE 1

Healthy Vending
CLUE 2
Ideas for MONITORING:

- Identify resident/youth leaders to monitor changes. Provide them with staff contact information so they can submit their observations in person, by mail/email, or phone.
- Identify champion staff working near vending who can help with monitoring food in vending machine.

The policy is adopted, implemented, and/or monitored. What are some suggested ways of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 2

Ideas for EVALUATION:

- Use before and after photographs to show the change.
- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Evaluate sales data to see change in healthy food purchases.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Food Retail Scavenger Hunt – CLUE 1 OF 4

The City adopted a policy for relaxed licensing requirements for food retailers to encourage and incentivize businesses to implement a healthy menu, healthy picks labeling program, and to offer more fruits and vegetables in their stores. What are the next steps to help interested food retailers to join and implement these policy guidelines?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 2

Healthy Food Retail Scavenger Hunt – CLUE 2 OF 4

Ideas for IMPLEMENTATION:
- Provide fresh produce handling, marketing, and procurement training for store managers and staff.
- Provide funding for refrigeration and other necessary equipment/signage/remodeling to make changes.
- Identify resident/youth leaders who can frequent the store and generate demand for healthy products.

The owners have successfully completed the conversion of their business and received the healthy food retail designation from the City. In the first three months, they are doing a great job following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 6
Healthy Food Retail
CLUE 1

Healthy Food Retail
CLUE 2
Ideas for MONITORING:

- Identify resident/youth leaders or code enforcement/officers who can frequent the store, continue building a relationship with the owner, monitor changes, and provide feedback to staff.
- Implement an annual recognition ceremony in city, chamber of commerce, or newspaper to acknowledge and visibly recognize the commitment of the businesses meeting the guidelines.
- Ask store owners to track sales.

The policy is adopted, implemented, and/or monitored. What are some suggested way of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 1

Ideas for EVALUATION:

- Use before and after photographs to show change.
- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Pre and post survey of participants to evaluate purchasing habits.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Food Retail
CLUE 3

Healthy Food Retail
CLUE 4
The Boys and Girls Club adopted a comprehensive wellness policy. It requires the promotion of water, healthy snacks compliant with USDA Food and Nutrition Services Guideline and 15 minutes of moderate to vigorous physical activity for participants. What are the next steps to help implement these policy guidelines?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 3

Ideas for IMPLEMENTATION:

- Provide staff training on new policy guidelines and on PA strategies that get all kids active.
- Include educational and promotional fliers on new guidelines for all youth and parents.
- Post large posters promoting water and educational information on new healthy snack offerings.

The Boys and Girls Club staff have been successfully trained on the new policies. In the first three months, they are doing a great job following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 7
Healthy Afterschool
CLUE 1

Healthy Afterschool
CLUE 2
Healthy Afterschool Scavenger Hunt – CLUE 3 OF 4

Ideas for MONITORING:
- Annual assessment of policy guidelines with staff.
- Conduct observations of PA using SOPLAY tool to ensure adherence to policy.

The policy is adopted, implemented, and/or monitored. What are some suggested ways of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 5

Healthy Afterschool Scavenger Hunt – CLUE 4 OF 4

Ideas for EVALUATION:
- Use before and after photographs to show change.
- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Pre and post observation of participants to evaluate the change in eating and physical activity habits.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Afterschool
CLUE 3

Healthy Afterschool
CLUE 4
The local faith based organization has adopted a shared use agreement with the City to improve access to food and physical activity opportunities for community residents. The building auditorium will be opened during non-use hours for physical activity classes and the kitchen will be available for healthy food preparation or cooking classes. What are the next steps to help implement these policy guidelines?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 4

Shared Use Scavenger Hunt – CLUE 2 OF 4

Ideas for IMPLEMENTATION:

- Post large poster or advertisement in front of the building announcing the new partnership and the times the building is open to the community for food and physical activity programming.
- Arrange meeting with staff or custodial staff who will be opening and closing the doors.
- Give key to partner.

The faith based organization staff have been successfully trained on the new policies. In the first three months, they are doing a great job following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 7
Shared Use

CLUE 1

Shared Use

CLUE 2
Ideas for MONITORING:

- Establish a committee, composed of staff representatives of the City and faith based organization, to monitor the project and Agreement for its duration. They will meet quarterly to review the performance of the project and to confer to discuss interim problems during the term of the Agreement.
- Conduct observation of PA using SOPARC tool.

The policy is adopted, implemented, and/or monitored. What are some suggested way of evaluating the impact of the policy?

Discuss evaluation ides with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 5

Ideas for EVALUATION:

- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Observation to evaluate the change in use of church spaces.
- The Joint Use Interagency Team shall review the Agreement biannually to evaluate the Project and to propose amendments to this Agreement.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Shared Use
CLUE 3

Shared Use
CLUE 4
Healthy Child Care Scavenger Hunt – CLUE 1 OF 4

The child care center adopted a comprehensive wellness policy. It requires the promotion of water, healthy snacks compliant with USDA Food and Nutrition Services Guideline and 15 minutes of moderate to vigorous physical activity for participants. What are the next steps to help implement these policy guidelines?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 5

Healthy Child Care Scavenger Hunt – CLUE 2 OF 4

Ideas for IMPLEMENTATION:
- Provide training to all staff on new policy guidelines.
- Include educational and promotional fliers on new guidelines for all youth and parents.
- Post large posters promoting water and educational information on new healthy snack offerings.

The child care center staff have been successfully trained on the new policies. In the first three months, they are doing a great job following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 3
Healthy Child Care

CLUE 1

Healthy Child Care

CLUE 2
Healthy Child Care Scavenger Hunt – CLUE 3 OF 4

Ideas for MONITORING:
- Annual audit of policy guidelines.
- Self-assessment for staff to identify strengths and needs for improvement.

The policy is adopted, implemented, and/or monitored. What are some suggested ways of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 4

Healthy Child Care Scavenger Hunt – CLUE 4 OF 4

Ideas for EVALUATION:
- Use before and after photographs to show change.
- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Pre and post survey of participants to evaluate the change in eating and physical activity habits.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Child Care
CLUE 3

Healthy Child Care
CLUE 4
Healthy Workplace Scavenger Hunt – CLUE 1 OF 4

Your organization has worked with staff to develop and adopt a worksite wellness policy and it will take effect in 6 months. A staff member has been identified as the champion who will manage the program. What are the next steps for effectively implementing the changes?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 7

Healthy Workplace Scavenger Hunt – CLUE 2 OF 4

Ideas for IMPLEMENTATION:

- Train vendors and other contracted employees that stock food items to update them on policy guidelines and timeline.
- Train managers to model healthy behavior.
- Form a committee that meets quarterly to plan and implement activities. Make it fun and challenging.

You successfully completed the training and agreed to make the changes in the staff lounge and meetings. In the first three months, they are doing a great job of following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ides with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 3
Healthy Workplace

CLUE 1

Healthy Workplace

CLUE 2
Healthy Workplace Scavenger Hunt – CLUE 3 OF 4

Ideas for MONITORING:
- Form a committee that meets quarterly to monitor implementation. Maintain a connection with management and report successes.

The policy is adopted, implemented, and/or monitored. What are some suggested ways of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 4

Healthy Workplace Scavenger Hunt – CLUE 4 OF 4

Ideas for EVALUATION:
- Use before and after photographs to show the change.
- Use the power analysis grid to show changes in power of various stakeholders after the adoption of the policy in comparison to their position at the beginning of the campaign.
- Complete employee assessment to evaluate change in behavior.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Workplace

CLUE 3

Healthy Workplace

CLUE 4
Healthy Clinic Scavenger Hunt – CLUE 1 OF 4

Your clinic has adopted a Baby Friendly policy and it will take effect in 12 months. What are the next steps for effectively implementing the changes?

Discuss implementation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 1

Healthy Clinic Scavenger Hunt – CLUE 2 OF 4

Ideas for IMPLEMENTATION:

- Train all staff the skills necessary to implement the policy.
- Routinely communicate the policy guidelines to all health care staff.
- Educate all clients on benefits of new policy and prominently display promotion materials in facility.

You successfully implemented the Baby Friendly guidelines. In the first three months, they are doing a great job of following the guidelines. What are some strategies to monitor these changes to ensure continued compliance with policy guidelines?

Discuss monitoring ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 6
Healthy Clinic
CLUE 1

Healthy Clinic
CLUE 2
Ideas for MONITORING:

- Form a committee that meets quarterly to monitor implementation.
- Conduct quarterly assessment of clients to monitor awareness of policy.

The policy is adopted, implemented, and/or monitored. What are some suggested way of evaluating the impact of the policy?

Discuss evaluation ideas with your group and record on worksheet.

CLUE: You can find more suggestions @ TABLE 2

Healthy Clinic Scavenger Hunt – CLUE 4 OF 4

Ideas for EVALUATION:

- Observation in postpartum unit that babies are not given bottles.
- Review of documents to evaluate if printed information is distributed to mothers before discharge how and where mothers can find help on feeding their infants after return home and includes information on the types of help available.

Take a few minutes to reflect on these ideas with your group.

THANK YOU FOR PARTICIPATING
Healthy Clinic
CLUE 3

Healthy Clinic
CLUE 4